



CALGARY WEIGHT MANAGEMENT CENTRE REFERRAL FORM phone: 403.272.2962

PATIENT INFORMATION:

Patient Name:
Street Address:
City, Province
Postal Code **PATIENT LABEL**
Contact #:
DOB:
PHN:

REFERRING CLINICIAN INFORMATION:

Clinician Name:
Phone Number:
Fax Number:
Prac ID #

Family Physician:
Phone Number:

DATE: _____

BIOMETRIC INFORMATION:

Weight: _____ kg lb **Height:** _____ m ft/in **Body Mass Index :** _____
(BMI)

ADDITIONAL INFORMATION:

- 1. Is there suspected binge eating? YES NO
- 2. Is weight reduction currently recommended for an upcoming surgery? YES NO
- 3. Is the patient fluent in English? YES NO
- 4. Does the patient have cognitive limitations that could affect their compliance or active participation in modifying health behaviours? YES NO

Other considerations: _____

EXCLUSION CRITERIA:

- Current diagnosis of anorexia or bulimia YES NO
- Moderate to severe untreated mental health disorders such as anxiety or depression. YES NO
- Patient is only interested in bariatric surgery YES NO

REQUESTED SUPPORT: (OPTIONAL)

(IF NOT COMPLETED, PATIENT WILL BE SCHEDULED FOR CWMC MD ASSESSMENT AND TREATMENT DISCUSSION)

- Please have a CWMC physician assess this patient and provide treatment guidance and support
- Please provide allied health support only; medical management of obesity remains with referring provider
 - Nutrition support
 - Psychological/Behavioural Support
 - Physical activity support

PLEASE FAX REFERRAL TO: 403.457.2960
WE WILL CONTACT THE PATIENT DIRECTLY
(Please note we are a non-surgical facility)