



microneedling

MICRONEEDLING CANNOT BE PERFORMED IF YOU

- Are pregnant or breastfeeding
- Had sun exposure, use of a tanning bed, or spray tan within 2 weeks prior to treatment
- Applied photo-sensitizing topical medications or taken oral photo-sensitizing medications
- Have used Accutane® in the past 6 months
- Have active breakout, infection, HSV (1&2), or open lesions in the treatment area
- Are predisposed to keloid formation or excessive scarring
- Have skin that is still recovering from a cosmetic procedure, such as a chemical or mechanical peel, or laser resurfacing
- Have had botulinum toxin (Botox) injections, or dermal fillers within the past 2 weeks

PRE

- **Avoid sun exposure** and tanning beds for a minimum of 2 weeks prior to treatment. Ensure any residual self-tanner is exfoliated at least a week before treatment
- Discontinue any photosensitizing medications, like antibiotics (if able), for 2 weeks prior to treatment
- Discontinue retinoids, retinol, benzoyl peroxide topical creams, glycolic, salicylic acids or any other exfoliating creams or cleansers for 3 days prior to treatment. If prescribed, 1-2 weeks
- Arrive with clean skin: free of lotions, creams, or makeup in the treatment area

We will topically numb the area prior to treatment

POST

- Mild to moderate erythema (redness) and edema (swelling) typically develops during and immediately after treatment and diminishes or resolves within 1-3 days after treatment. A small degree of redness may last longer in some cases. **Do not** scratch or pick at the treated area—use cool compress or soothing serum as needed
- The skin can become more sensitive to touch and temperature changes. This is a sign that the skin is regenerating and our provided skincare may be applied to soothe the skin. These sensations typically diminish within a few days after treatment
- Flakiness, itchiness, and dry crusting will gradually clear. Use our recommended skincare and/or gentle products that have previously been shown to not cause irritation should help this condition
- **Avoid sun exposure** for 2 weeks after treatment and use SPF throughout the course of your treatments
- Avoid hot showers/baths, excessive **heat**, or strenuous exercise for 24-48 hours
- Makeup may be used at least 24 hours after treatment

You may notice a “sandpaper” texture for 5-7 days post-treatment as the skin is regenerating. **DO NOT** attempt to scrub dry skin off. Allow dead skin to **flake off naturally**

For any questions, please contact us at (512)608-1213 or info@preferredlaser.com.

We are always here for you!