



dark spot removal

DARK SPOT REMOVAL CANNOT BE PERFORMED IF YOU

- Have Fitzpatrick Skin Type IV-VI (see our other treatment options)
- Have not had questionable pigmented lesions checked by a doctor to ensure they're benign (non-cancerous)
- Are pregnant or breastfeeding
- Had sun exposure, use of a tanning bed, or spray tan within 2 weeks prior to treatment
- Applied photo-sensitizing topical medications or taken oral photo-sensitizing medications
- Have used Accutane® in the past 6 months
- Have active infection, HSV (1&2), or open lesions in the treatment area

PRE

- **Avoid sun exposure** and tanning beds for 2 weeks prior to treatment. Ensure any residual self-tanner is exfoliated at least a week before treatment
- Shave the desired area to be treated within 24 hours of your appointment
- Discontinue any photosensitizing medications, like antibiotics (if able), for 2 weeks prior to treatment
- Your provider may ask you to stop certain skin care products, like retinol, for 3-5 days prior
- Arrive with clean skin: free of lotions, creams, or deodorant in the treatment area

POST

- Immediately after treatment, there may be erythema (redness) and edema (swelling) at the treatment site, which may last up to 2 hours, or longer. The erythema may last up to 2-3 days or 1 week in some cases. The treated area will feel like a sunburn for a few hours after treatment. **Do not scratch or pick** at the treated area—use cool compress or soothing serum as needed
- **Avoid sun exposure** for a minimum of 1 week after treatment and use SPF throughout the course of your treatments
- Avoid hot showers/baths, excessive heat, or strenuous exercise for 24-48 hours
- The treated pigment will appear darker immediately and within the first few days following treatment. The darkened pigment will **flake off** like dry skin within 7-14 days. Avoid picking or scratching the treated skin. **Do not peel any flaking—let your skin do it naturally**
- You can start to gently introduce actives back into your skincare routine after 5-7 days of treatment

For any questions, please contact us at (512)608-1213 or info@preferredlaser.com.
We are always here for you!