



Dedicated to developing healthy minds through dance

PSB & INTERPLAY INTENSIVE CLOTHING REQUIREMENTS 2026-2027 Season

THE PSB STORE (Open During PSB Office Hours)

Intensive Division leotards are available for preorder at The PSB Store. Interplay families should email moe.psb.interplay@rogers.com with the dancer's name, class and leotard size. Request multiple sizes if you are unsure.

Ballet

- ☐ Intensive Division leotards may only be purchased at The PSB Store
- ☐ Clothing for male students may be purchased at The Shoe Room
- ☐ The following are *not sold* at The PSB Store and must be purchased from following the retailer of your choice. All female students require:
 - ballet pink convertible tights
 - canvas 4-way stretch full-sole split-sole ballet flats
 - 1-2 pairs of pointe shoes* (Int 4+ after invited by teacher)

**The PSB Store* sells a limited number of styles and sizes of pointe shoes that are on sale for 50% off. Please ask a ballet teacher to be sized.

All Other Dance Forms

- ☐ Black AinslieWear AW102 leotards for Intensive 1-5 and AinslieWear AW103 for Intensive 6-8 students may be purchased at The PSB Store
- ☐ Bloch L2750 in black is the alternative leotard for Intensive 6-8 and must be purchased at The PSB Store
- ☐ Black jazz shoes are required for all jazz classes and may be purchased at any retailer.
- ☐ Black jazz shoes are available in limited sizes (Child Size 6 and below) and are on sale for 20% off at the PSB Store.
- ☐ Black tap shoes are available at any retailer.
- ❖ A variety of sizes are available in black and tan convertible, footed and footless tights and black shorts are on sale for 50% off.



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BALLET

- ☐ Wear hair in a bun and off face and neck secured with 2 elastics, hairnet and bun pins. Bobby pins are to secure any wisps on the sides of the bun. Braids/twists/locs are to be placed in a bun if long enough, or secured off face if shorter. Short hair is to be held off face with a headband/wrap. This is for the safety of all dancers.
- ☐ No sports bras or visible bra straps are permitted in any ballet classes;
- ☐ Warm-up clothing is to be worn for pliés and tendus only and then removed. If you need to warm up further, please do so prior to class
- ☐ After the current grade's exam is passed, please switch to the next grade's leotard
- ☐ No jewellery or gum-chewing is permitted in any class. Class uniforms must be worn for all classes.

Females

	LEOTARD	TIGHTS & SHOES	CONDITIONING EQUIPMENT
INTENSIVE 1	Pink leotard – AinslieWear AW115	• ballet pink convertible tights; • four-way stretch canvas <u>full-sole</u> ballet slippers	• Thera-band
INTENSIVE 2	Periwinkle leotard – AinslieWear AW101	• ballet pink convertible tights; • four-way stretch canvas <u>full-sole</u> ballet slippers	• 2 - 4" yoga blocks • Thera-band • ball for foot conditioning
INTENSIVE 3	Navy blue leotard – AinslieWear AW102	• ballet pink convertible tights • four-way stretch canvas split-sole ballet slippers	• knee pads • Thera-band • 2 - 4" yoga blocks • ball for foot conditioning
INTENSIVE 4	Plum leotard – AinslieWear AW102	• ballet pink convertible tights; • four-way stretch canvas split-sole ballet slippers; pointe shoes (at teacher's discretion)	• knee pads • Thera-band • yoga mat • 2 - 4" yoga blocks • ball for foot conditioning
INTENSIVE 5	Navy blue pinch-front leotard – AinslieWear AW110	• ballet pink convertible tights;	• knee pads • Thera-band • yoga mat



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INTENSIVE 6	Navy blue pinch-front leotard – AinslieWear AW110;	• four-way stretch canvas split-sole ballet slippers; • pointe shoes – 2 pairs at all times	• 2 - 4” yoga blocks • roller • ball for foot conditioning • 6 – 8” ball
INTENSIVE 7	Aubergine/teal velvet leotard – AinslieWear AW103A;		
INTENSIVE 8	Teal velvet leotard – AinslieWear AW103A		

MALES

Please ask office

ALL OTHER DANCE FORMS

Intensive 1 – 5	Black tank-style leotards may be purchased at The PSB Store Ainslie 102 or Mondor black Capezio or Mondor footless or convertible tights <u>or</u> black shorts Black Capezio or Bloch jazz shoes for jazz; bare feet for modern/contemporary & lyrical; FootUndeez and turners are optional
Intensive 6 – 8	Black leotard, Bloch L2750 purchased from The PSB Store; black shorts

OTHER DANCE BAG ITEMS

Intensive 1 – 3	Band-Aids of various sizes
Intensive 4 – 8	Band-Aids of various sizes, 2 nd skin squares, nail clippers, pointe shoe accessories, etc.