



CONTINENTAL BREAKFAST

Croissants, muffins, danishes, scones, bagels, Toast with butter, jam, cream cheese, or peanut butter, Fresh fruit or fruit salad, Yogurt and granola, Cold cereal or oatmeal, Coffee, tea, milk, and juice

CLASSIC BREAKFAST

Cold cereal or oatmeal, toast with boiled eggs, baked beans, ham, butter, cream cheese, peanut butter, juice, coffee and tea.

WEEKEND BREAKFAST SPECIAL

Cold cereal or oatmeal, scrambled eggs, pancakes or English muffin sandwich, baked beans, assorted juices, coffee and tea.

HOT BREAKFAST DELUXE

Cold cereal or oatmeal, turkey sausages, baked beans, English muffin, assorted juices, coffee and tea.

Caloric Reference Statement: Daily caloric needs for an adult can range widely typically from 1,600 to 2,400 kcal per day depending on body size, health status, and level of physical activity. The commonly referenced guideline of 2,000 kcal per day is a general benchmark used for nutrition labeling and may not reflect individual requirements.

Allergen Disclaimer: Cold cereal or oatmeal, toast with boiled eggs, baked beans, ham, butter, cream cheese, peanut butter, juice, coffee and tea.

Therapeutic Diet Statement: Modified texture, therapeutic, vegetarian, vegan, gluten-free, and medically prescribed diets are available upon request.

