

Simple Cures Dispensary Herbs Inventory List

* The highlighted herbs and formulas are from the E1 list

Single Herbs

- B -

Bai Shao	白芍	Paeonia lactiflora radix
Bai Zhu	白朮	Atractylodes macrocephala rhizoma
Bai Shen	白參	Ginseng
Ban Xia	半夏	Pinellia ternata rhizoma
Ban Lan Gen	板藍根	Isatis tinctoria radix
Bing Lang	檳榔	Areca catechu semen
Bi Xie	草解	Dioscorea tokoro rhizoma
Bai Xian Pi	白鮮皮	Dictamnus dasycarpus cortex
Bai Zhi	白芷	Angelica dahurica radix
Bei Mu	貝母(浙)	Fritillaria thunbergii bulbu
Bu Gu Zhi	補骨脂	Psoralea corylifolia fructus
Bo He Ye	薄荷	Mentha haplocalyx herba

- C -

Cao Guo Ren	草果仁	Fructus Tsaoko
Chi Xiao Dou	赤小豆	Vigna angularis semen
Chai Hu	柴胡	Bupleurum chinense radix
Cang Er Zi	蒼耳子	Xanthium sibiricum fructus
Cang Zhu	蒼朮	Atractylodes lancea rhizoma
Chuan Lian Zi	川楝子	Melia toosendan fructus
Chuan Niu Xi	川牛膝	Cyathula officinalis radix
Chuan Xiong	川芎	Ligusticum chuanxiong rhizoma
Che Qian Zi	車前子	Plantago asiatica
Chen Pi	陳皮	Citrus reticulata pericarpium
Chi Shao	赤芍	Paeonia lactiflora radix rubra

- D -

Di Gu Pi	地骨皮	Lycium barbarum cortex
Di Yu	地榆	Sanguisorba officinalis radix
Du Huo	獨活	Angelica pubescens radix
Dan Zhu Ye	淡竹葉	Lophatherum gracile herba
Dan Shen	丹參	Salvia miltiorrhiza radix
Dang Shen	黨參	Codonopsis pilosula radix

Di Fu Zi	地膚子	Kochia scoparia fructus
Du Zhong	杜仲	Eucommia ulmoides cortex
Da Huang	大黃	Rheum tanguticum radix et rhizoma
Da Zao	大棗	Ziziphus jujuba fructus
Dang Gui	當歸	Angelica sinensis radix

- E -

E Bu Shi Cao	鵝不食草	Herba Centipedae
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- F -

Fang Feng	防風	Saposhnikovia divaricata radix
Fu Ling	茯苓	Poria cocos sclerotium
Fu Xiao Mai	浮小麦	Fructus Triticis Levis

- G -

Gua Lou Ren	栝樓仁	Trichosanthes kirilowii semen
Gan Jiang	乾姜	Zingiber officinale rhizoma recens (dried rhizome)
Gan Cao	甘草	Glycyrrhiza uralensis radix
Gui Zhi	桂枝	Cinnamomum cassia ramulus
Ge Gen	葛根	Pueraria montana var. lobata radix
Gu Sui Bu	骨碎补	Rhizoma Drynariae
Gua Lou Shi	栝樓實	Trichosanthes kirilowii fructus

- H -

Han Lian Cao	旱蓮草	Herba Ecliptae
He Shou Wu	何首烏	Radix Polygoni Multiflori Praeparata
He Huan Pi	合欢皮	Albizia
He Zi	诃子	Fructus Chebulae
Hong Jing Tian	紅景天	Rhodiola rosea rhizoma et radix
Huo Ma Ren	火麻仁	Cannabis sativa semen
Hong Shen	人參	Panax ginseng radix rubra
Hong Hua	紅花	Carthamus tinctorius flos
Hou Po	厚朴	Magnolia officinalis cortex
Huang Lian	黃連	Coptis chinensis rhizoma
Huang Bo	黃柏	Phellodendron amurense cortex
Huang Qin	黃芩	Scutellaria baicalensis radix
Huang Qi	黃芪	Astragalus membranaceus radix

- J -

Ji Nei Jin	雞內金	Gallus gallus endothelium corneum
Jiao Gu Lan	絞股藍	Gynostemma pentaphyllum

Jin Chan	金蟬	Cicadae periostracum
Ju Hua	菊花	Chrysanthemum morifolium flos
Jue Ming Zi	決明子	Cassia obtusifolia
Ji Xue Teng	雞血藤	Spatholobus suberectus caulis
Jin Yin Hua	金銀花	Lonicera japonica flos
Jing Jie	荊芥	Schizonepeta tenuifolia herba
Jie Geng	桔梗	Platycodon grandiflorus radix
Ji Li	蒺藜	Fructus Tribuli
- K -		
Ku Shen	苦參	Sophora flavescens radix
- L -		
Lian Zi	蓮子心	Nelumbo nucifera semen
Long Gu	龍骨	Fossilia ossis mastodi
Lian Qiao	連翹	Forsythia suspensa fructus
- M -		
Man Jing Zi	蔓荊子	Fructus Viticis, Viticis Fructus
Mu Tong	木通	Akebia quinata caulis
Mu Dan Pi	牡丹皮	Paeonia suffruticosa cortex
Mo Yao	沒藥	Commiphora myrrha gummi-resina
Mai Men Dong	麥門冬	Ophiopogon japonicus radix
Mu Xiang	木香	Aucklandia lappa radix (Saussurea costus)
Mu Li	牡蠣	Ostrea gigas concha
Ma Huang	麻黃	Ephedra sinica herba
- N -		
Nu Zhen Zi	女貞子	Ligustrum lucidum fructus
- P -		
Pu Huang	蒲黃	Typha angustifolia pollen
Pi Pa Ye	枇杷葉	Eriobotrya japonica folium
Pu Gong Ying	蒲公英	Taraxacum mongolicum herba
Pao Fu Zi	炮附子	Aconitum carmichaeli radix praeparata
- Q -		
Qing Pi	青皮	Citrus reticulata viride pericarpium
Qing Hao	青蒿	Artemisia annua herba
Qian Shi	芡實	Euryale ferox semen
Qin Jiao	秦艽	Gentiana macrophylla

Qiang Huo 羌活 *Notopterygium incisum rhizoma et radix*

- R -

Rou Dou Kou 肉豆蔻 *Myristica fragrans semen*
Rou Gui 肉桂 *Cinnamomum cassia cortex*
Ru Xiang 乳香 *Boswellia carterii gummi-resina*

- S -

Shi Jue Ming 石決明 *Haliotis diversicolor concha*
Sang Zhi 桑枝 *Morus alba ramulus*
Suo Yang 锁杨 *Cynomorium songaricum herba*
Sheng Ma 升麻 *Cimicifuga heracleifolia / actaea rhizoma*
San Qi 三七 *Panax notoginseng radix*
Sang Bai Pi 桑白皮 *Morus alba cortex*
Sang Ye 桑葉 *Morus alba folium*
Shu Di Huang 熟地黄 *Rehmannia glutinosa radix preparata*
Sang Ji Sheng 桑寄生 *Taxillus chinensis ramulus*
Sheng Di Huang 生地黄 *Rehmannia glutinosa radix*
Shi Gao 石膏 *Gypsum fibrosum*
Shan Zhu Yu 山茱萸 *Cornus officinalis fructus*
Shi Chang Pu 石菖蒲 *Acorus tatarinowii rhizoma*
Shan Zhi Zi 山梔子 *Gardenia jasminoides fructus*
Suan Zao Ren 酸棗仁 *Ziziphus jujuba var. spinosa semen*
Suo Sha Ren 缩砂仁 *Amomum villosum*
Shan Zha 山楂 *Crataegus pinnatifida fructus*
Sheng Jiang 生薑 *Zingiber officinale rhizoma recens*
Shen Qu 神曲 *Massa Medicata Fermentata*

- T -

Tian Hua Fen/Gua Lou 天花粉/栝樓根 *Trichosanthes kirilowii radix*
Tian Ma Mi Huan Jun 天麻蜜緩菌 *Armillaria mellea*
Tao Ren 桃仁 *Prunus persica*
Tu Si Zi 菟絲子 *Cuscuta chinensis semen*
Tu Fu Ling 土茯苓 *Smilax glabra rhizoma*

- W -

Wu Zhu Yu 吳茱萸 *Fructus Euodiae*
Wu Ling Zhi 五靈脂 *Troglodytes xanthipes faeces*
Wu Yao 烏藥 *Lindera aggregata radix*
Wu Wei Zi 五味子 *Schisandra chinensis fructus*

- X -

Xiao Hui Xiang	小茴香	Foeniculum vulgare fructus
Xi Xin	細辛	Asarum sieboldii herba
Xiang Fu	香附	Cyperus rotundus rhizoma
Xing Ren	杏仁	Prunus armeniaca
Xu Duan	續斷	Dipsacus asper radix
Xuan Shen	玄參	Scrophularia ningpoensis radix

- Y -

Yin Chen Hao	茵陳蒿	Artemisia capillaris herba
Yu Li Ren	郁李仁	Prunus humilis
Yin Yang Huo	淫羊藿	Epimedium sagittatum herba
Yu Zhu	玉竹	Polygonatum odoratum rhizoma
Yuan Zhi	遠志	Polygala tenuifolia radix
Yu Xing Cao	魚腥草	Houttuynia cordata herba
Yi Mu Cao	益母草	Leonurus japonicus herba
Yi Yi Ren	薏苡仁	Coix lacryma-jobi var. ma-yuen semen
Yu Jin	鬱金	Curcuma aromatica rhizoma
Yan Hu Suo	延胡索	Corydalis yanhusuo rhizoma
Yi Zhi Ren	益智仁	Alpinia oxyphylla fructus

- Z -

Zhi Gan Cao	炙甘草	Glycyrrhiza uralensis radix praeparata
Zhu Ling	朱苓	Polyporus umbellatus sclerotium
Ze Xie	澤瀉	Alisma orientale rhizoma
Zi Su Ye	紫蘇葉	Perilla frutescens folium
Zhu Ru	竹茹	Bambusa tuldoides
Zhi Mu	知母	Anemarrhena asphodeloides rhizoma
Zhi Ke	枳殼	Citrus aurantium fructus
Zhi Shi	枳實	Citrus aurantium immaturus fructus
Zi Wan	紫菀	Aster tataricus radix

Formula

- B -

Bai He Gu Jin Tang	百合固金湯	Lily Bulb Metal-Securing Decoction
Ban Xia Ho Po Tang	半夏厚朴湯	Pinellia & Magnolia Decoction
Ban Xia Xie Xin Tang	半夏瀉心湯	Pinellia Heart-Draining Decoction
Bu Yang Huan Wu Tang	補陽還五湯	Tonify the Yang to Restore Five Decoction
Ba Wei Di Huang Wan	八味地黃丸	Eight-Ingredient Rehmannia Pills
Ba Zheng San	八正散	Eight-Herb Rectifying Powder
Bu Zhong Yi Qi Tang	補中益氣湯	Tonify the Middle and Augment the Qi Decoction
Ban Xia Bai Zhu Tian Ma Tang	半夏白朮天麻湯	Pinellia, Atractylodes & Gastrodia Decoction
Bao He Wan	保和丸	Preserve Harmony Pills

- C -

Chai Hu Shu Gan Tang	柴胡疏肝湯	Bupleurum Liver-Coursing Decoction
Chuan Xiong Cha Tiao San	川芎茶調散	Ligusticum Powder to Regulate the Head
Chai Hu Qing Gan Tang	柴胡清肝湯	Bupleurum Clear the Liver Decoction
Chai Hu Jia Long Gu Mu Li Tang	柴胡加龍骨牡蠣湯	Bupleurum plus Dragon Bone & Oyster Shell Decoction
Cang Er San	蒼耳散	Xanthium Powder

- D -

Dang Gui Shao Yao San	當歸芍藥散	Dang Gui & Peony Powder
Dang Gui Yin Zi	當歸飲子	Dang Gui Beverage
Da Chai Hu Tang	大柴胡湯	Major Bupleurum Decoction
Dao Chi San	導赤散	Guide Out the Red Powder
Du Huo Ji Sheng Tang	獨活寄生湯	Angelica Pubescens & Taxillus Decoction
Fang Ji Huang Qi Tang	防己黃芪湯	Stephania & Astragalus Decoction
Fang Feng Tong Shen San	防風通聖散	Saposhnikovia Powder that Unblocks Deportation

- G -

Gan Lu Xiao Du Dan	甘露消毒丹	Sweet Dew Toxin-Resolving Elixir
Ge Hua Jie Cheng Tang	葛花解醒湯	Kudzu Flower Hangover-Resolving Decoction
Ge Xia Zhu Yu Tang	噁下逐瘀湯	Drive Out Blood Stasis Below the Diaphragm Decoction
Gui Pi Tang	歸脾湯	Restore the Spleen Decoction
Gan Mai Da Zao Tang	甘麥大棗湯	Licorice, Wheat & Jujube Decoction
Gui Zhi Fu Ling Wan	桂枝茯苓丸	Cinnamon Twig & Poria Pills
Gui Zhi Tang	桂枝湯	Cinnamon Twig Decoction
Ge Gen Tang	葛根湯	Kudzu Decoction

- H -

Huai Hua San	槐花散	Pagoda Flower Powder
Huang Lian Jie Du Tang	黃連解毒湯	Coptis Toxin-Resolving Decoction
Huo Xiang Zheng Qi San	藿香正氣散	Agastache Stomach-Rectifying Powder
- J -		
Jia Wei Xiao Yao San	加味逍遙散	Augmented Free & Easy Wanderer
- L -		
Li Zhong Tang	理中湯	Regulate the Middle Decoction
Liu Wei Di Huang Wan	六味地黃丸	Six-Ingredient Rehmannia Pills
Liu Jun Zi Tang	六君子湯	Six Gentlemen Decoction
Long Dan Xie Gan Tang	龍膽瀉肝湯	Gentiana Drain the Liver Decoction
Ling Gui Zhu Gan Tang	苓桂朮甘湯	Poria, Cinnamon Twig, Atractylodes & Licorice Decoction
- M -		
Ma Huang Tang	麻黃湯	Ephedra Decoction
Ma Zi Ren Wan	麻子仁丸	Hemp Seed Pills
Mai Men Dong Tang	麥門冬湯	Ophiopogonis Decoction
Ma Xing Gan Shi Tang	麻杏甘石湯	Ephedra, Apricot Kernel, Licorice & Gypsum Decoction
- P -		
Pu Ji Xiao Du Yin	普濟消毒飲	Universal Benefit Toxin-Eliminating Beverage
- Q -		
Qi Ju Di Huang Wan	杞菊地黃丸	Lycium & Chrysanthemum Rehmannia Pills
Qing Qi Hua Tan Wan	清氣化痰丸	Clear the Qi & Transform Phlegm Pills
Qiang Huo Sheng Shi Tang	羌活勝濕湯	Notopterygium Dampness-Overcoming Decoction
Qing Pi Tang	清脾湯	Clear the Spleen Decoction
- S -		
Si Ni Tang	四逆湯	Frigid Extremities Decoction
Si Jun Zi Tang	四君子湯	Four Gentlemen Decoction
Shen Ling Bai Zhu San	參苓白朮散	Ginseng, Poria & Atractylodes Powder
Sha Shen Mai Dong Tang	沙蔘麥門冬湯	Glehnia & Ophiopogon Decoction
Si Ni San	四逆散	Frigid Extremities Powder
Shao Yao Gan Cao Tang	芍藥甘草湯	Peony & Licorice Decoction
Shao Fu Zhu Yu Tang	少腹逐瘀湯	Drive Out Blood Stasis in the Lower Abdomen Decoction
Sheng Hua Tang	生化湯	Generating & Transforming Decoction
Shen Tong Zhu Yu Tang	身痛逐瘀湯	Drive Out Blood Stasis from a Painful Body Decoction
Suan Zao Ren Tang	酸棗仁湯	Sour Jujube Decoction

- T -

Tao Hong Si Wu Tang
Tian Ma Gou Teng Yin
Tian Wang Bu Xin Dan

桃紅四物湯
天麻鉤藤飲
天王補心丹

Persica & Carthamus Four Substance Decoction
Gastrodia & Uncaria Decoction
Heavenly King Heart-Supplementing Elixir

- W -

Wu Ling San
Wu Zhu Yu Tang
Wu Wei Xiao Du Yin
Wen Dan Tang
Wu Mei Wan
Wu Pi Yin

五苓散
吳茱萸湯
五味消毒飲
溫膽湯
烏梅丸
五皮飲

Five-Ingredient Powder with Poria
Evodia Decoction
Five-Ingredient Toxin-Eliminating Beverage
Warm the Gallbladder Decoction
Mume Fruit Pills
Five Peel Beverage

- X -

Xi Gan Ming Mu San
Xiao Yao San
Xiao Chai Hu Tang
Xiao Cheng Qi Tang
Xiao Qing Long Tang
Xuan Fu Dai Zhe Shi Tang
Xue Fu Zhu Yu Tang
Xiang Sha Liu Jun Zi Tang
Xiao Feng San
Xiao Jian Zhong Tang

洗肝明目散
逍遙散
小柴胡湯
小承氣湯
小青龍湯
旋復代赭湯
血復逐瘀湯
香砂六君子湯
消風散
小建中湯

Gardenia & Vitex Combination
Free & Easy Wanderer Powder
Minor Bupleurum Decoction
Minor Order the Qi Decoction
Minor Blue-Green Dragon Decoction
Inula & Hematite Decoction
Drive Out Blood Stasis in the Mansion of Blood Decoction
Aucklandia & Amomum Six Gentlemen Decoction
Disperse Wind Powder
Minor Construct the Middle Decoction

- Y -

Yi Guan Jian
Yue Ju Wan

一貫煎
越菊丸

Linking Decoction
Escape Restraint Pills

- Z -

Zhi Sou San
Zhi Bo Di Huang Wan

止嗽散
知柏地黃丸

Stop Coughing Powder
Anemarrhena & Phellodendron Rehmannia Pills