

ANYTIME FITNESS – TORONTO EAST

800 GERRARD STREET EAST, TORONTO, ON

ADAPTIVE REUSE: TRANSFORMING COMMERCIAL SPACE INTO A MODERN FITNESS FACILITY



5,871.94 SQ.FT.

24/7 OPERATION

TORONTO EAST

PERMIT APPROVED

CONSTRUCTION UNDERWAY

PREMIUM FITNESS FACILITY

PROJECT OVERVIEW

CLIENT
Anytime Fitness

ARCHITECT
ECO-ARCH CONSULTANTS INC.

PROJECT SIZE
5,871.94 sq.ft.

PROJECT TYPE
Adaptive Reuse – Commercial to Fitness Facility

LOCATION
Toronto East

STATUS
Construction Underway

PROJECT HIGHLIGHTS

Retail to Fitness Conversion

Recovery & Wellness Amenities

Functional Training Area

Strength Training Zone

Cardio Training Area

Sauna & Shower Facilities

Universal Accessibility

24/7 Operation

CONSTRUCTION IN PROGRESS



FUTURE MEMBER EXPERIENCE

FUNCTIONAL TRAINING AREA

RECOVERY & WELLNESS AREA

CARDIO TRAINING AREA

PROPOSED FLOOR PLAN

FACILITY PROGRAM FRAMEWORK

TRAIN

- Strength Training
- Free Weights
- Cardio Training
- Functional Training

RECOVER

- Recovery Lounge
- Sauna
- Showers

CONNECT

- Community
- Coaching
- Member Engagement

PERFORM

- Flexible Programs
- 24/7 Access
- Long-Term Retention

CONSTRUCTION PROGRESS

CURRENT STAGE

Demolition Complete

Mechanical Rough-In Underway

Building Permit Obtained

Electrical Rough-In Underway

Steel Stud Framing Underway

Interior Construction Ongoing

TECHNICAL INTEGRATION

Architectural Design

Electrical Coordination

Building Permit Approval

Accessibility Compliance

Mechanical Coordination

Fire & Life Safety Compliance

SUSTAINABILITY APPROACH

Existing Building Reuse

Reduced Construction Waste

Energy Efficient Systems

LED Lighting

Durable Materials

Long-Term Performance

PROJECT VALUE

This project transforms an underutilized commercial space into a modern fitness destination that enhances community wellness, supports active lifestyles, and strengthens the Anytime Fitness brand presence within Toronto's east-end neighbourhoods.

CLIENT BENEFITS

Premium Member Experience

Flexible Programming

Optimized Facility Layout

Community Visibility

Strong Brand Presence

Long-Term Asset Enhancement

Efficient Operations

ECO-ARCH CONSULTANTS INC.
SUSTAINABLE ARCHITECTURE & INTERIORS
(A Consortium of Professionals)

VISHU SOOD
PRINCIPAL ARCHITECT
OAA, AIBC, AIA, NCARB, ARB, RIBA
B.Arch., M.Sc., PMP, LEED AP (BD+C)

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