

# 05 | WELLNESS FACILITIES

## Spaces that Enhance Well-Being & Performance

We design wellness environments that promote physical health, mental well-being, and community—creating spaces that empower people to thrive.

### OUR SERVICES

-  Fitness Centers & Gyms
-  Wellness Studios & Yoga Spaces
-  Recreational Facilities
-  Spa, Health & Recovery Spaces
-  Outdoor Wellness Terraces
-  Mental Well-being Support Spaces
-  Locker & Change Facilities
-  Universal Accessibility & Inclusivity

### WE DESIGN FOR

-  Healthier, more productive people
-  Stronger community connections
-  Sustainable, biophilic environments
-  Operational efficiency & long-term value
-  Enhanced asset performance



### KEY OUTCOMES



#### HEALTHIER PEOPLE

Spaces that promote physical fitness and mental well-being.



#### STRONGER COMMUNITIES

Encouraging connection, inclusion and a sense of belonging.



#### SUSTAINABLE DESIGN

Biophilic, energy-efficient solutions that support greener futures.



#### OPERATIONAL VALUE

Efficient facilities that reduce costs and enhance user experience.



#### ENHANCED ASSET VALUE

Wellness-driven design increases occupancy, rentability and ROI.