



## GROUP CLASS SCHEDULE – 2022

**PLEASE NOTE: 24-hour Cancellation Policy**

Updated 11/11/22

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	8:00-9:00am <b>Advanced Mixed Equipment</b> Carole	7:15-8:15am <b>Reformer 1-2</b> Carole				
	9:00-10:00am <b>Reformer 2 Intermediate</b> Carole	8:30-9:30 am <b>Reformer 1-2</b> Casey <i>Also Virtual (Zoom) Class</i>	8:00-9:00am <b>CoreAlign</b> Jessica	8:30-9:30 am <b>Reformer 1-2</b> Casey <i>Also Virtual (Zoom) Class</i>	8:00-9:00am <b>Arcus &amp; Tower Mat</b> Kamara	
9:45-10:45am <b>Arcus &amp; Tower Mat</b> Jessica	10:00-11:00 am <b>CoreAlign</b> Jess		9:00-10:00am <b>Reformer 2</b> Carole		8:00-9:00am <b>Reformer 1-2</b> Maggie	9:30-10:30am <b>Reformer 1-2</b> Diane M.
	10:00-11:00am <b>Reformer 2 Intermediate</b> Carole	10:00-11:00 am <b>Mixed Equipment</b> Casey	10:00-11:00am <b>Reformer 2</b> Carole <STARTS FEB 9>		9:15-10:15am <b>Reformer 1-2</b> Casey <i>Also Virtual (Zoom) Class</i>	
	11:00-12:00pm <b>Equipment Room Rental</b> Diane M				10:30-11:30am <b>CoreAlign Challenge</b> Casey	
	4:30-5:30 pm <b>Mixed Equipment</b> Shena			<b>Shaded areas indicate Mat priced classes</b>  <b>Virtual Classes Available as noted on the Schedule</b>  <b>Check Webscheduler</b> for most accurate schedule information including class cancelations due to inclement weather.  <b>Pilates Core Center</b> 1919 Greentree Road Cherry Hill, NJ 856-985-0900 <a href="http://www.pilatescorecenter.com">www.pilatescorecenter.com</a>		
5:00-6:00 pm <b>Reformer 1-2</b> Casey <i>Also Virtual (Zoom) Class</i>	5:30-6:30 pm <b>Reformer 1-2</b> Shena	5:00-6:00 pm <b>Reformer 1-2</b> Shena				
6:00-7:00 pm <b>Pilates Mat Fusion</b> Casey	6:30-7:30 pm <b>Reformer Challenge</b> Shena	6:00-7:00 pm <b>Pilates Mat, Toys &amp; Tower</b> Shena				