



## GROUP CLASS SCHEDULE – 2023

**PLEASE NOTE: 24-hour Cancellation Policy**

Updated 3/7/2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		7:15-8:15am <b>Reformer 1-2</b> Carole				
		8:30-9:30 am <b>Reformer 1-2</b> Casey Also Virtual (Zoom) Class	8:00-9:00am <b>CoreAlign</b> Carole	8:30-9:30 am <b>Reformer 1-2</b> Casey Also Virtual (Zoom) Class	8:30-9:30am <b>Reformer 1-2</b> Casey Also Virtual (Zoom) Class	
9:45-10:45am <b>Arcus &amp; Tower Mat</b> Jessica	9:00-10:00am <b>Reformer 2 Intermediate</b> Carole		9:00-10:00am <b>Reformer 2</b> Carole		9:00-10:00am <b>Pilates Mat Tower &amp; Toys</b> Kamara	9:30-10:30am <b>Reformer 1-2</b> Diane M.
	10:00-11:00am <b>Reformer 2 Intermediate</b> Carole	10:00-11:00 am <b>Mixed Equipment</b> Casey	10:00-11:00am <b>Reformer 2</b> Carole		9:30-10:30am <b>Reformer 1-2</b> Casey Also Virtual (Zoom) Class	
					10:30-11:30am <b>CoreAlign Challenge</b> Casey	
	4:30-5:30 pm <b>Mixed Equipment</b> Xavier			<b>Shaded areas indicate Mat priced classes</b>  <b>Virtual Classes Available as noted on the Schedule</b>  <b>Check Webscheduler</b> for most accurate schedule information including class cancelations due to inclement weather.  <b>Pilates Core Center</b> 1919 Greentree Road Cherry Hill, NJ 856-985-0900 <a href="http://www.pilatescorecenter.com">www.pilatescorecenter.com</a>		
5:00-6:00 pm <b>Reformer 1-2</b> Casey Also Virtual (Zoom) Class	5:30-6:30 pm <b>Reformer 1-2</b> Xavier	5:00-6:00 pm <b>Reformer 1-2</b> Xavier				
6:00-7:00 pm <b>Pilates Mat Fusion</b> Casey		6:00-7:00 pm <b>Pilates Mat, Toys &amp; Tower</b> Xavier				