

HIDE-N-SEEK DAYCARE INC.
11093 KENNEDY ROAD NORTH
BRAMPTON, ON L6Z 0A3

MENU WEEK: 4

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Cereal Milk	Pancakes with honey s Milk	French Toast Milk	Toast with Cream Cheese Milk	Cereal Milk
LUNCH	Tomato soup with baby shell pasta, Grilled cheese Sandwiches. Fresh Vegetables Water Fresh Fruit	Cheese and Pepperoni pizza. Fresh Vegetables Water Fresh Fruit	Pasta with chicken/ veggie meatballs. Fresh Vegetables Water Fresh Fruit	Rice with mixed Vegetables and roasted diced chicken/ tofu . Water Fresh Fruit	Red Kidney beans with paneer (Cheese) , Rice and Naan. Fresh vegetables Water Fresh Fruit
PM SNACK	Trail Mix Fresh fruit Milk	Macaroni Salad Fresh Fruit Milk	Whole Wheat toast with jam Fresh Fruit Milk	Oatmeal cookies Fresh Fruit Milk	Loaf Fresh Fruit Milk
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Note:

1. Our menu serves both Veg and Non-Veg:
 2. Crackers & Fresh Water will be offered as a 3rd snack after 5:30 pm:
 3. Please be advised that the main course will remain the same, but the fruits and vegetables will on occasions be changed (without prior notice) due to seasonal availability and/or ripeness.
 4. Fresh Water will be served with all the meals.
- * All Loafs, muffins, cakes and other baked goods will be served with seasonal flavours