

HIDE-N-SEEK DAYCARE INC.
11093 KENNEDY ROAD NORTH
BRAMPTON, ON L6Z 0A3

MENU WEEK: 2

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Cereal Milk	Muffins Milk	French Toast Milk	Waffles topped with honey. Milk	Cereal Milk
LUNCH	Macaroni with Cheese California vegetables Water Fresh Fruit	Chicken & Veggie burger, Mashed potatoes, Fresh Vegetables Water Fresh Fruit	Veggie and Beef Chilli Served with Bread Bun Fresh Vegetables Water Fresh fruit	Lentil soup with Paneer (Cheese) chunks, served with Naan Bread Fresh Vegetables Water Fresh Fruit	Tuna / Veggie Sandwich Fresh Vegetables Water Fresh Fruit
PM SNACK	Raisin bread Fresh Fruit Milk	Crackers and Cheese Fresh Fruit Milk	Pudding Fresh Fruit Milk	English Muffins with butter/Jam Fresh Fruit Milk	Oatmeal cookies Fresh Fruit Milk
Substitutions					
Substitutions					

Note:

1. Our menu serves both Veg and Non-Veg:
 2. Crackers & Fresh Water will be offered as a 3rd snack after 5:30 pm:
 3. Please be advised that the main course will remain the same, but the fruits and vegetables will on occasions be changed (without prior notice) due to seasonal availability and/or ripeness.
 4. Fresh water will be served with all meals.
- * All Loafs, muffins, cakes and other baked goods will be served with seasonal flavours.

For all Vegetarian meal, the meat will be replaced by a vegetarian Protein.