



Children can have a hard time understanding if we use too many words together. Instead of one long sentence, break up information into shorter sentences. Using short phrases helps your child to pick out the important words from the sentence.

One way to simplify is to pause and wait and say less. Instead of saying “You have to put your shoes on because it’s time to go pick up Ava from school”, you could say “Let’s put your shoes on” or “Put your shoes on.”

Try to leave space between long sentences and instructions. Children benefit from pauses to process long strings of information.



**GET YOUR
SHOES... AND
JACKET!**