BlueOcean NutraSciences Provides Status of Annual Filings, Interim Filings and Management Cease Trade Order

TORONTO, July 22, 2016 – BlueOcean NutraSciences Inc. (the "Company") (TSX-V: BOC) hereby announces that on July 20, 2016, it filed its annual consolidated financial statements as at and for the years ended December 31, 2015 and 2014, related management discussion and analysis and applicable officer certificates. Also on July 2016, the Company filed its interim financial statements as at and for the 3 months ended March 31, 2016 and 2015, related management discussion and analysis and applicable officer certificates.

Effective the end of business on July 21, 2016, the management cease trade order that had been in place since May 16, 2016, has been lifted.

About BlueOcean NutraSciences:

BlueOcean NutraSciences Inc., a Canadian listed public Company (TSX-V: BOC), is a nutraceutical Company that markets three Omega-3 shrimp oil products under the Pure Polar® brand and three bulk Omega-3/Astaxanthin shrimp oils and is developing additional specialty oils, gel caps and extended release (XR) Omega-3 tablets from shrimp, fish, krill and algae oil also for the Health and Wellness markets. BlueOcean's shrimp oils contain high levels of naturally occurring astaxanthin, phospholipids, and omega-3 EPA and DHA. Northern and Pacific AstaShrimp™ oils are targeted at the high value and rapidly growing natural astaxanthin and phospholipid omega-3 markets.

BlueOcean and its JV partner, CMAX Technologies Inc., have developed a process to convert shrimp, krill, algae and other fish oils into Extended Release Tablets. BlueOcean owns 50% of the participating and voting rights in 2453969 Ontario Inc., a joint venture with CMAX Technologies that has developed the extended release omega-3/astaxanthin tablets. 2453969 Ontario Inc. also has a 66.7% ownership in Pure Polar Labs Inc., a Nevada company that sells omega-3 and astaxanthin retail products under the brand Pure Polar.

BlueOcean's Pure Polar® Omega-3 Shrimp Oil formulations contain over two times more omega-3 EPA & DHA and 10 times more astaxanthin than typical retail krill oil brands, and contain phospholipids for better absorption of omega-3s. Product details and ordering can be found at: www.purepolarshrimp.com, Amazon.com, Inboxfitness.com and Bonanza.com

Forward Looking Statements: BlueOcean NutraSciences Inc.

This news release may contain forward-looking statements that are based on BlueOcean's expectations, estimates and projections regarding, among other things, its business, the economic environment in which it operates and in respect of the timing of the filing of any updated disclosure documents. These statements are not guarantees of future performance and involve risks and uncertainties that are difficult to control or predict. Therefore, actual outcomes and results may differ materially from those expressed in these forward-looking statements and readers should not place undue reliance on such statements. Statements speak only as of the date on which they are made, and the Company undertakes no obligation to update them publicly to reflect new information or the occurrence of future events or circumstances, unless otherwise required to do so by law.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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