



fresh  
start  
foods

HEALTHCARE  
PRODUCT



*Catalogue*

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\*CROSS-CONTAMINATION MAY  
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# fresh start foods

## ABOUT

.....

OVER  
**25**  
YEARS



*Fresh*

TRADITIONAL  
AND  
GOURMET  
PRODUCTS

### PURPOSE:

BE RECOGNIZED  
FOR HIGH QUALITY  
INNOVATION AND BE  
A LEADER IN THE FOOD  
SERVICE INDUSTRY

### SQF CERTIFIED

.....

*Watchful and committed to staying  
on top of current and upcoming trends*

.....

### WE CAN:

CREATE and LAUNCH a full line of  
products or ASSEMBLE products for



.....

*We are sensitive to our customer's dietary restrictions and offer a  
range of vegetarian, vegan, keto, gluten free and halal options*

.....



OUR FLEET OF REFRIGERATED TRUCKS PROVIDE  
SAFE DISTRIBUTION FOR YOUR PRODUCTS



# fresh start foods

## SQF



## Certified



CERTIFICATE  
OF REGISTRATION

**A**T FRESH START FOODS, WE TAKE PRIDE IN OUR FOOD SAFETY. OUR QUALITY ASSURANCE TEAM HAS DEVELOPED COMPREHENSIVE PROGRAMS AND A COMPLETE SET OF GUIDELINES, PRACTICES, AND PROCEDURES THAT COVER ALL ASPECTS OF OUR BUSINESS. OUR PRODUCTS ARE PRODUCED IN A FOOD-SAFE MANUFACTURING FACILITY THAT IS S.Q.F CERTIFIED. OUR QUALITY ASSURANCE DEPARTMENT MONITORS PRODUCTION TO ENSURE THE HIGHEST GOOD MANUFACTURING PRACTICES (GMP'S) ARE MAINTAINED AT ALL TIMES.

Incoming material inspections are conducted at the point of receiving and again prior to processing. Multiple quality assurance testing is completed at various stages at scheduled intervals within our facility. Documented cleaning and sanitizing procedures are in place and are maintained and monitored daily by 3rd party companies and on-site QA personnel. By choosing us as your foodservice distributor, you can be absolutely confident knowing that a team of dedicated, highly-trained quality professionals ensure you receive safe, consistent, and quality products every time.

Our cold channel distribution ensures that your products remain at a safe temperature, from leaving our facility to entering yours.



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\*Products are produced in a facility where a variety of gluten and meat products are handled. Please be aware that cross-contamination may occur in the production process.





# *Sandwiches*

OFFERINGS

# SANDWICHES

## ROAST BEEF SANDWICH ON BROWN SLICED BREAD

Roast Beef, Salt-Free Margarine, Whole Wheat Bread

**ITEM #: 5625**

**PACK SIZE:** 3 x 130g

**ITEM #: 5626**

**PACK SIZE:** 24 x 130g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 130g / par 130g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 278</b>         |                                       |
| <b>Fat / Lipides 11.8 g</b>            | <b>18 %</b>                           |
| Saturated / saturés 2.5 g              | 12 %                                  |
| + Trans / trans 0 g                    |                                       |
| <b>Cholesterol / Cholestérol 27 mg</b> |                                       |
| <b>Sodium / Sodium 700 mg</b>          | <b>29 %</b>                           |
| <b>Carbohydrate / Glucides 29 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 3 g                     | 13 %                                  |
| Sugars / Sucres 1 g                    |                                       |
| <b>Protein / Protéines 15.3 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 8 %                                   |
| Vitamin C / Vitamine C                 | 0 %                                   |
| Calcium / Calcium                      | 4 %                                   |
| Iron / Fer                             | 14 %                                  |

**SHELF LIFE  
5 DAYS**

## ROAST BEEF SANDWICH ON WHITE SLICED BREAD

Roast Beef, Salt-Free Margarine, White Bread

**ITEM #: 5623**

**PACK SIZE:** 3 x 130g

**ITEM #: 5624**

**PACK SIZE:** 24 x 130g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 130g / par 130g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 268</b>         |                                       |
| <b>Fat / Lipides 10.8 g</b>            | <b>17 %</b>                           |
| Saturated / saturés 2.4 g              | 12 %                                  |
| + Trans / trans 0 g                    |                                       |
| <b>Cholesterol / Cholestérol 27 mg</b> |                                       |
| <b>Sodium / Sodium 700 mg</b>          | <b>29 %</b>                           |
| <b>Carbohydrate / Glucides 29 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 1 g                     | 5 %                                   |
| Sugars / Sucres 2 g                    |                                       |
| <b>Protein / Protéines 14.3 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 8 %                                   |
| Vitamin C / Vitamine C                 | 0 %                                   |
| Calcium / Calcium                      | 4 %                                   |
| Iron / Fer                             | 19 %                                  |

**SHELF LIFE  
5 DAYS**

## BLACK FOREST HAM SANDWICH ON BROWN SLICED BREAD

Black Forest Ham, Salt-Free Margarine, Whole Wheat Bread

**ITEM #: 5617**

**PACK SIZE:** 3 x 130g

**ITEM #: 5618**

**PACK SIZE:** 24 x 130g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 130g / par 130g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 270</b>         |                                       |
| <b>Fat / Lipides 10.5 g</b>            | <b>16 %</b>                           |
| Saturated / saturés 1.9 g              | 10 %                                  |
| + Trans / trans 0 g                    |                                       |
| <b>Cholesterol / Cholestérol 24 mg</b> |                                       |
| <b>Sodium / Sodium 567 mg</b>          | <b>24 %</b>                           |
| <b>Carbohydrate / Glucides 30 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 4 g                     | 14 %                                  |
| Sugars / Sucres 2 g                    |                                       |
| <b>Protein / Protéines 15.5 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 9 %                                   |
| Vitamin C / Vitamine C                 | 1 %                                   |
| Calcium / Calcium                      | 4 %                                   |
| Iron / Fer                             | 13 %                                  |

**SHELF LIFE  
5 DAYS**

## BLACK FOREST HAM SANDWICH ON WHITE SLICED BREAD

Black Forest Ham, Salt-Free Margarine, White Bread

**ITEM #: 5615**

**PACK SIZE:** 3 x 130g

**ITEM #: 5616**

**PACK SIZE:** 24 x 130g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 130g / par 130g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 260</b>         |                                       |
| <b>Fat / Lipides 9.5 g</b>             | <b>15 %</b>                           |
| Saturated / saturés 1.8 g              | 9 %                                   |
| + Trans / trans 0 g                    |                                       |
| <b>Cholesterol / Cholestérol 24 mg</b> |                                       |
| <b>Sodium / Sodium 567 mg</b>          | <b>24 %</b>                           |
| <b>Carbohydrate / Glucides 30 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 2 g                     | 6 %                                   |
| Sugars / Sucres 3 g                    |                                       |
| <b>Protein / Protéines 14.5 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 9 %                                   |
| Vitamin C / Vitamine C                 | 1 %                                   |
| Calcium / Calcium                      | 4 %                                   |
| Iron / Fer                             | 18 %                                  |

**SHELF LIFE  
5 DAYS**



## TURKEY BREAST SANDWICH ON BROWN SLICED BREAD

*Turkey Breast, Salt-Free Margarine, Whole Wheat Bread*

**ITEM #: 5621**

**PACK SIZE:** 3 x 130g

**ITEM #: 5622**

**PACK SIZE:** 24 x 130g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 130g / par 130g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 259</b>         |                                       |
| <b>Fat / Lipides 8.9 g</b>             | <b>14 %</b>                           |
| Saturated / saturés 1.9 g              |                                       |
| + Trans / trans 0 g                    | <b>10 %</b>                           |
| <b>Cholesterol / Cholestérol 33 mg</b> |                                       |
| <b>Sodium / Sodium 578 mg</b>          | <b>24 %</b>                           |
| <b>Carbohydrate / Glucides 30 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 4 g                     | <b>14 %</b>                           |
| Sugars / Sucres 2 g                    |                                       |
| <b>Protein / Protéines 16.5 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 11 %                                  |
| Vitamin C / Vitamine C                 | 1 %                                   |
| Calcium / Calcium                      | 5 %                                   |
| Iron / Fer                             | 13 %                                  |

**SHELF LIFE  
5 DAYS**

## TURKEY BREAST SANDWICH ON WHITE SLICED BREAD

*Turkey Breast, Salt-Free Margarine, White Bread*

**ITEM #: 5619**

**PACK SIZE:** 3 x 130g

**ITEM #: 5620**

**PACK SIZE:** 24 x 130g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 130g / par 130g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 249</b>         |                                       |
| <b>Fat / Lipides 7.9 g</b>             | <b>12 %</b>                           |
| Saturated / saturés 1.8 g              |                                       |
| + Trans / trans 0 g                    | <b>9 %</b>                            |
| <b>Cholesterol / Cholestérol 33 mg</b> |                                       |
| <b>Sodium / Sodium 578 mg</b>          | <b>24 %</b>                           |
| <b>Carbohydrate / Glucides 30 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 2 g                     | <b>6 %</b>                            |
| Sugars / Sucres 3 g                    |                                       |
| <b>Protein / Protéines 15.5 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 11 %                                  |
| Vitamin C / Vitamine C                 | 1 %                                   |
| Calcium / Calcium                      | 5 %                                   |
| Iron / Fer                             | 18 %                                  |

**SHELF LIFE  
5 DAYS**

## CHICKEN SALAD SANDWICH ON BROWN SLICED BREAD

*Small Diced Chicken, Miracle Whip Light Dressing,*

**ITEM #: 5613**

**PACK SIZE:** 3 x 122g

**ITEM #: 5614**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 122g / par 122g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 214</b>         |                                       |
| <b>Fat / Lipides 4.5 g</b>             | <b>7 %</b>                            |
| Saturated / saturés 0.8 g              |                                       |
| + Trans / trans 0 g                    | <b>4 %</b>                            |
| <b>Cholesterol / Cholestérol 32 mg</b> |                                       |
| <b>Sodium / Sodium 385 mg</b>          | <b>16 %</b>                           |
| <b>Carbohydrate / Glucides 31 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 3 g                     | <b>12 %</b>                           |
| Sugars / Sucres 3 g                    |                                       |
| <b>Protein / Protéines 20.1 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 13 %                                  |
| Vitamin C / Vitamine C                 | 0 %                                   |
| Calcium / Calcium                      | 6 %                                   |
| Iron / Fer                             | 10 %                                  |

**SHELF LIFE  
5 DAYS**

## CHICKEN SALAD SANDWICH ON WHITE SLICED BREAD

*Small Diced Chicken, Miracle Whip Light Dressing, White Bread*

**ITEM #: 5611**

**PACK SIZE:** 3 x 122g

**ITEM #: 5612**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 122g / par 122g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 204</b>         |                                       |
| <b>Fat / Lipides 3.5 g</b>             | <b>5 %</b>                            |
| Saturated / saturés 0.7 g              |                                       |
| + Trans / trans 0 g                    | <b>4 %</b>                            |
| <b>Cholesterol / Cholestérol 32 mg</b> |                                       |
| <b>Sodium / Sodium 385 mg</b>          | <b>16 %</b>                           |
| <b>Carbohydrate / Glucides 31 g</b>    | <b>10 %</b>                           |
| Fibre / Fibres 1 g                     | <b>4 %</b>                            |
| Sugars / Sucres 4 g                    |                                       |
| <b>Protein / Protéines 19.1 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 13 %                                  |
| Vitamin C / Vitamine C                 | 0 %                                   |
| Calcium / Calcium                      | 6 %                                   |
| Iron / Fer                             | 15 %                                  |

**SHELF LIFE  
5 DAYS**

# SANDWICHES

## TUNA SALAD SANDWICH ON BROWN SLICED BREAD

Tuna, Miracle Whip Light Dressing, Whole Wheat Bread

**ITEM #: 5609**

**PACK SIZE:** 3 x 122g

**ITEM #: 5610**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive   |                                       |
|---------------------------------------|---------------------------------------|
| Per 122g / par 122g                   |                                       |
| Amount<br>Teneur                      | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 193</b>        |                                       |
| <b>Fat / Lipides 5.4 g</b>            | <b>8 %</b>                            |
| Saturated / saturés 0.9 g             | 5 %                                   |
| + Trans / trans 0 g                   |                                       |
| <b>Cholesterol / Cholestérol 9 mg</b> |                                       |
| <b>Sodium / Sodium 490 mg</b>         | <b>20 %</b>                           |
| <b>Carbohydrate / Glucides 33 g</b>   | <b>11 %</b>                           |
| Fibre / Fibres 3 g                    | 12 %                                  |
| Sugars / Sucres 4 g                   |                                       |
| <b>Protein / Protéines 14.5 g</b>     |                                       |
| Vitamin A / Vitamine A                | 0 %                                   |
| Vitamin C / Vitamine C                | 0 %                                   |
| Calcium / Calcium                     | 4 %                                   |
| Iron / Fer                            | 13 %                                  |

**SHELF LIFE  
5 DAYS**

## TUNA SALAD SANDWICH ON WHITE SLICED BREAD

Tuna, Miracle Whip Light Dressing, White Bread

**ITEM #: 5607**

**PACK SIZE:** 3 x 122g

**ITEM #: 5608**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive   |                                       |
|---------------------------------------|---------------------------------------|
| Per 122g / par 122g                   |                                       |
| Amount<br>Teneur                      | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 183</b>        |                                       |
| <b>Fat / Lipides 4.4 g</b>            | <b>7 %</b>                            |
| Saturated / saturés 0.8 g             | 4 %                                   |
| + Trans / trans 0 g                   |                                       |
| <b>Cholesterol / Cholestérol 9 mg</b> |                                       |
| <b>Sodium / Sodium 490 mg</b>         | <b>20 %</b>                           |
| <b>Carbohydrate / Glucides 33 g</b>   | <b>11 %</b>                           |
| Fibre / Fibres 1 g                    | 4 %                                   |
| Sugars / Sucres 5 g                   |                                       |
| <b>Protein / Protéines 13.5 g</b>     |                                       |
| Vitamin A / Vitamine A                | 0 %                                   |
| Vitamin C / Vitamine C                | 0 %                                   |
| Calcium / Calcium                     | 4 %                                   |
| Iron / Fer                            | 18 %                                  |

**SHELF LIFE  
5 DAYS**

## EGG SALAD SANDWICH ON BROWN SLICED BREAD

Egg, Miracle Whip Light Dressing, Whole Wheat Bread

**ITEM #: 5605**

**PACK SIZE:** 3 x 122g

**ITEM #: 5606**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive     |                                       |
|---|---------------------------------------|
| Per 122g / par 122g                     |                                       |
| Amount<br>Teneur                        | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 211</b>          |                                       |
| <b>Fat / Lipides 6.0 g</b>              | <b>9 %</b>                            |
| Saturated / saturés 0.9 g               | 4 %                                   |
| + Trans / trans 0 g                     |                                       |
| <b>Cholesterol / Cholestérol 159 mg</b> |                                       |
| <b>Sodium / Sodium 484 mg</b>           | <b>20 %</b>                           |
| <b>Carbohydrate / Glucides 33 g</b>     | <b>11 %</b>                           |
| Fibre / Fibres 3 g                      | 12 %                                  |
| Sugars / Sucres 4 g                     |                                       |
| <b>Protein / Protéines 10.8 g</b>       |                                       |
| Vitamin A / Vitamine A                  | 4 %                                   |
| Vitamin C / Vitamine C                  | 0 %                                   |
| Calcium / Calcium                       | 6 %                                   |
| Iron / Fer                              | 13 %                                  |

**SHELF LIFE  
5 DAYS**

## EGG SALAD SANDWICH ON WHITE SLICED BREAD

Egg, Miracle Whip Light Dressing, White Bread

**ITEM #: 5603**

**PACK SIZE:** 3 x 122g

**ITEM #: 5604**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive     |                                       |
|---|---------------------------------------|
| Per 122g / par 122g                     |                                       |
| Amount<br>Teneur                        | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 201</b>          |                                       |
| <b>Fat / Lipides 5.0 g</b>              | <b>8 %</b>                            |
| Saturated / saturés 0.8 g               | 4 %                                   |
| + Trans / trans 0 g                     |                                       |
| <b>Cholesterol / Cholestérol 159 mg</b> |                                       |
| <b>Sodium / Sodium 484 mg</b>           | <b>20 %</b>                           |
| <b>Carbohydrate / Glucides 33 g</b>     | <b>11 %</b>                           |
| Fibre / Fibres 1 g                      | 4 %                                   |
| Sugars / Sucres 5 g                     |                                       |
| <b>Protein / Protéines 9.8 g</b>        |                                       |
| Vitamin A / Vitamine A                  | 4 %                                   |
| Vitamin C / Vitamine C                  | 0 %                                   |
| Calcium / Calcium                       | 6 %                                   |
| Iron / Fer                              | 18 %                                  |

**SHELF LIFE  
5 DAYS**



## HAM & CHEESE SANDWICH ON BROWN SLICED BREAD

Sliced Ham, Cheddar Cheese, Margarine, Whole Wheat Bread

**ITEM #: 5636**

**PACK SIZE:** 3 x 122g

**ITEM #: 5637**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive             |                                       |
|---|---------------------------------------|
| Per 122g / par 122g                             |                                       |
| Amount<br>Teneur                                | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 289</b>                  |                                       |
| <b>Fat / Lipides 12.9 g</b>                     | <b>20%</b>                            |
| Saturated / saturés 4.7g<br>+ Trans / trans 0 g | <b>23%</b>                            |
| <b>Cholesterol / Cholestérol 30 mg</b>          |                                       |
| <b>Sodium / Sodium 603 mg</b>                   | <b>25 %</b>                           |
| <b>Carbohydrate / Glucides 29 g</b>             | <b>10 %</b>                           |
| Fibre / Fibres 3 g                              | <b>13 %</b>                           |
| Sugars / Sucres 1 g                             |                                       |
| <b>Protein / Protéines 15.4 g</b>               |                                       |
| Vitamin A / Vitamine A                          | 6 %                                   |
| Vitamin C / Vitamine C                          | 1 %                                   |
| Calcium / Calcium                               | 4 %                                   |
| Iron / Fer                                      | 12 %                                  |

**SHELF LIFE  
5 DAYS**

## HAM & CHEESE SANDWICH ON WHITE SLICED BREAD

Sliced Ham, Cheddar Cheese, Margarine, White Bread

**ITEM #: 5638**

**PACK SIZE:** 3 x 122g

**ITEM #: 5639**

**PACK SIZE:** 24 x 122g



| Nutrition Facts<br>Valeur nutritive              |                                       |
|--|---------------------------------------|
| Per 122g / par 122g                              |                                       |
| Amount<br>Teneur                                 | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 279</b>                   |                                       |
| <b>Fat / Lipides 11.9 g</b>                      | <b>18%</b>                            |
| Saturated / saturés 4.6 g<br>+ Trans / trans 0 g | <b>23%</b>                            |
| <b>Cholesterol / Cholestérol 30 mg</b>           |                                       |
| <b>Sodium / Sodium 603 mg</b>                    | <b>25 %</b>                           |
| <b>Carbohydrate / Glucides 29 g</b>              | <b>10 %</b>                           |
| Fibre / Fibres 1 g                               | <b>5 %</b>                            |
| Sugars / Sucres 2 g                              |                                       |
| <b>Protein / Protéines 14.4 g</b>                |                                       |
| Vitamin A / Vitamine A                           | 6 %                                   |
| Vitamin C / Vitamine C                           | 1 %                                   |
| Calcium / Calcium                                | 4 %                                   |
| Iron / Fer                                       | 12 %                                  |

**SHELF LIFE  
5 DAYS**



## Labelling of Sandwiches:

- ✓ EASY IDENTIFICATION OF PRODUCT
- ✓ BASIC INGREDIENTS
- ✓ PROTEIN WEIGHT
- ✓ NET WEIGHT
- ✓ BEST BEFORE STICKER



# *Fillings*

BULK



## TUNA SALAD BULK SANDWICH FILLING

Tuna, Miracle Whip Light Dressing

**ITEM #: 5601**

**PACK SIZE:** 1 x 3lb



| Nutrition Facts<br>Valeur nutritive     |                                       |
|---|---------------------------------------|
| Per 100g / par 100g                     |                                       |
| Amount<br>Teneur                        | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 101</b>          |                                       |
| <b>Fat / Lipides 6.6 g</b>              | <b>10 %</b>                           |
| Saturated / saturés 0.8 g               |                                       |
| + Trans / trans 0 g                     | <b>4 %</b>                            |
| <b>Cholesterol / Cholestérol 266 mg</b> |                                       |
| <b>Sodium / Sodium 440 mg</b>           | <b>18 %</b>                           |
| <b>Carbohydrate / Glucides 8 g</b>      | <b>3 %</b>                            |
| Fibre / Fibres 0 g                      | <b>0 %</b>                            |
| Sugars / Sucres 5 g                     |                                       |
| <b>Protein / Protéines 8.0 g</b>        |                                       |
| Vitamin A / Vitamine A                  | 7 %                                   |
| Vitamin C / Vitamine C                  | 0 %                                   |
| Calcium / Calcium                       | 3 %                                   |
| Iron / Fer                              | 4 %                                   |

**SHELF LIFE  
5 DAYS**

## EGG SALAD BULK SANDWICH FILLING

Egg, Miracle Whip Light Dressing

**ITEM #: 5600**

**PACK SIZE:** 1 x 3lb



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 100g / par 100g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 71</b>          |                                       |
| <b>Fat / Lipides 5.7 g</b>             | <b>9 %</b>                            |
| Saturated / saturés 0.9 g              |                                       |
| + Trans / trans 0 g                    | <b>4 %</b>                            |
| <b>Cholesterol / Cholestérol 15 mg</b> |                                       |
| <b>Sodium / Sodium 450 mg</b>          | <b>19 %</b>                           |
| <b>Carbohydrate / Glucides 9 g</b>     | <b>3 %</b>                            |
| Fibre / Fibres 0 g                     | <b>0 %</b>                            |
| Sugars / Sucres 6 g                    |                                       |
| <b>Protein / Protéines 14.1 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 1 %                                   |
| Vitamin C / Vitamine C                 | 0 %                                   |
| Calcium / Calcium                      | 1 %                                   |
| Iron / Fer                             | 5 %                                   |

**SHELF LIFE  
5 DAYS**

## CHICKEN SALAD BULK SANDWICH FILLING

Chicken, Miracle Whip Light Dressing

**ITEM #: 5602**

**PACK SIZE:** 1 x 3lb



| Nutrition Facts<br>Valeur nutritive    |                                       |
|--|---------------------------------------|
| Per 100g / par 100g                    |                                       |
| Amount<br>Teneur                       | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 107</b>         |                                       |
| <b>Fat / Lipides 4.2 g</b>             | <b>6 %</b>                            |
| Saturated / saturés 0.7 g              |                                       |
| + Trans / trans 0 g                    | <b>3 %</b>                            |
| <b>Cholesterol / Cholestérol 54 mg</b> |                                       |
| <b>Sodium / Sodium 275 mg</b>          | <b>11 %</b>                           |
| <b>Carbohydrate / Glucides 5 g</b>     | <b>2 %</b>                            |
| Fibre / Fibres 0 g                     | <b>1 %</b>                            |
| Sugars / Sucres 3 g                    |                                       |
| <b>Protein / Protéines 23.5 g</b>      |                                       |
| Vitamin A / Vitamine A                 | 21 %                                  |
| Vitamin C / Vitamine C                 | 0 %                                   |
| Calcium / Calcium                      | 3 %                                   |
| Iron / Fer                             | 0 %                                   |

**SHELF LIFE  
5 DAYS**





# *Snack Cups*

PORTIONED



# SNACK CUPS

## MIXED FRUIT REGULAR CUT PORTION CUP

Cut Pineapple chunks, Cut Cantaloupe chunks,  
Cut Honeydew chunks

ITEM #: 5210

PACK SIZE: 40 x 80g



SHELF LIFE  
6 DAYS

| Nutrition Facts<br>Valeur nutritive   |                                       |
|---------------------------------------|---------------------------------------|
| Per 80g / par 80g                     |                                       |
| Amount<br>Teneur                      | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 32</b>         |                                       |
| <b>Fat / Lipides 0.1 g</b>            | <b>0 %</b>                            |
| Saturated / saturés 0 g               |                                       |
| + Trans / trans 0 g                   | <b>0 %</b>                            |
| <b>Cholesterol / Cholestérol 0 mg</b> |                                       |
| <b>Sodium / Sodium 9.6 mg</b>         | <b>0 %</b>                            |
| <b>Carbohydrate / Glucides 8 g</b>    | <b>2 %</b>                            |
| Fibre / Fibres 0.8 g                  | <b>3 %</b>                            |
| Sugars / Sucres 7 g                   |                                       |
| <b>Protein / Protéines 0.5 g</b>      |                                       |
| Vitamin A / Vitamine A                | 5 %                                   |
| Vitamin C / Vitamine C                | 46 %                                  |
| Calcium / Calcium                     | 1 %                                   |
| Iron / Fer                            | 2 %                                   |

## HONEYDEW REGULAR CUT PORTION CUP

Cut Honeydew chunks

ITEM #: 5211

PACK SIZE: 40 x 80g



SHELF LIFE  
6 DAYS

| Nutrition Facts<br>Valeur nutritive   |                                       |
|---------------------------------------|---------------------------------------|
| Per 80g / par 80g                     |                                       |
| Amount<br>Teneur                      | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 29</b>         |                                       |
| <b>Fat / Lipides 0.1 g</b>            | <b>0 %</b>                            |
| Saturated / saturés 0 g               |                                       |
| + Trans / trans 0 g                   | <b>0 %</b>                            |
| <b>Cholesterol / Cholestérol 0 mg</b> |                                       |
| <b>Sodium / Sodium 14.4 mg</b>        | <b>1 %</b>                            |
| <b>Carbohydrate / Glucides 7.2 g</b>  | <b>2 %</b>                            |
| Fibre / Fibres 0.8 g                  | <b>2 %</b>                            |
| Sugars / Sucres 6.4 g                 |                                       |
| <b>Protein / Protéines 0.4 g</b>      |                                       |
| Vitamin A / Vitamine A                | 0 %                                   |
| Vitamin C / Vitamine C                | 24 %                                  |
| Calcium / Calcium                     | 1 %                                   |
| Iron / Fer                            | 1 %                                   |

## CANTALOUPE REGULAR CUT PORTION CUP

Cut Cantaloupe Chunks

ITEM #: 5212

PACK SIZE: 40 x 80g



SHELF LIFE  
6 DAYS

| Nutrition Facts<br>Valeur nutritive   |                                       |
|---------------------------------------|---------------------------------------|
| Per 80g / par 80g                     |                                       |
| Amount<br>Teneur                      | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 27</b>         |                                       |
| <b>Fat / Lipides 0.2 g</b>            | <b>0 %</b>                            |
| Saturated / saturés 0.2 g             |                                       |
| + Trans / trans 0 g                   | <b>0 %</b>                            |
| <b>Cholesterol / Cholestérol 0 mg</b> |                                       |
| <b>Sodium / Sodium 13 mg</b>          | <b>1 %</b>                            |
| <b>Carbohydrate / Glucides 6.4 g</b>  | <b>2 %</b>                            |
| Fibre / Fibres 0.6 g                  | <b>2 %</b>                            |
| Sugars / Sucres 6.4 g                 |                                       |
| <b>Protein / Protéines 0.6 g</b>      |                                       |
| Vitamin A / Vitamine A                | 14 %                                  |
| Vitamin C / Vitamine C                | 49 %                                  |
| Calcium / Calcium                     | 1 %                                   |
| Iron / Fer                            | 2 %                                   |

## PINEAPPLE REGULAR CUT PORTION CUP

Cut Pineapple Chunks

ITEM #: 5213

PACK SIZE: 40 x 80g



SHELF LIFE  
6 DAYS

| Nutrition Facts<br>Valeur nutritive   |                                       |
|---------------------------------------|---------------------------------------|
| Per 80g / par 80g                     |                                       |
| Amount<br>Teneur                      | % Daily Value<br>% valeur quotidienne |
| <b>Calories / Calories 40</b>         |                                       |
| <b>Fat / Lipides 0.1 g</b>            | <b>0 %</b>                            |
| Saturated / saturés 0 g               |                                       |
| + Trans / trans 0 g                   | <b>0 %</b>                            |
| <b>Cholesterol / Cholestérol 0 mg</b> |                                       |
| <b>Sodium / Sodium 0.8 mg</b>         | <b>0 %</b>                            |
| <b>Carbohydrate / Glucides 10 g</b>   | <b>3 %</b>                            |
| Fibre / Fibres 0.8 g                  | <b>5 %</b>                            |
| Sugars / Sucres 8 g                   |                                       |
| <b>Protein / Protéines 0.4 g</b>      |                                       |
| Vitamin A / Vitamine A                | 0 %                                   |
| Vitamin C / Vitamine C                | 64 %                                  |
| Calcium / Calcium                     | 1 %                                   |
| Iron / Fer                            | 2 %                                   |

# SNACK CUPS

## WATERMELON REGULAR CUT PORTION CUP

Cut Watermelon chunks

ITEM #: 5215

PACK SIZE: 40 x 80g



SHELF LIFE  
6 DAYS

| Nutrition Facts<br>Valeur nutritive |                                       |
|-------------------------------------|---------------------------------------|
| Per 80g / par 80g                   |                                       |
| Amount<br>Teneur                    | % Daily Value<br>% valeur quotidienne |
| Calories / Calories 24              |                                       |
| Fat / Lipides 0.2 g                 | 0 %                                   |
| Saturated / saturés 0 g             | 0 %                                   |
| + Trans / trans 0 g                 |                                       |
| Cholesterol / Cholestérol 0 mg      |                                       |
| Sodium / Sodium 0.8 mg              | 0 %                                   |
| Carbohydrate / Glucides 6.4 g       | 2 %                                   |
| Fibre / Fibres 0 g                  | 2 %                                   |
| Sugars / Sucres 4.8 g               |                                       |
| Protein / Protéines 0.5 g           |                                       |
| Vitamin A / Vitamine A              | 2 %                                   |
| Vitamin C / Vitamine C              | 11 %                                  |
| Calcium / Calcium                   | 1 %                                   |
| Iron / Fer                          | 2 %                                   |





CONTACT US FOR MORE INFORMATION:  
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