

EATING NEW
CREATIONS

PRODUCT Catalogue



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*CROSS-CONTAMINATION MAY
OCUR DURING THE PRODUCTION
PROCESS.





EATING NEW CREATIONSTM

ABOUT

.....

FOUNDED IN
2003



Fresh

TRADITIONAL
AND
GOURMET
PRODUCTS

Purpose:

BE RECOGNIZED
FOR HIGH QUALITY
INNOVATION AND BE
A LEADER IN THE FOOD
SERVICE INDUSTRY

SQF CERTIFIED

Watchful and committed to staying
on top of current and upcoming trends

WE CAN:

CREATE and LAUNCH a full line of
products or ASSEMBLE products for

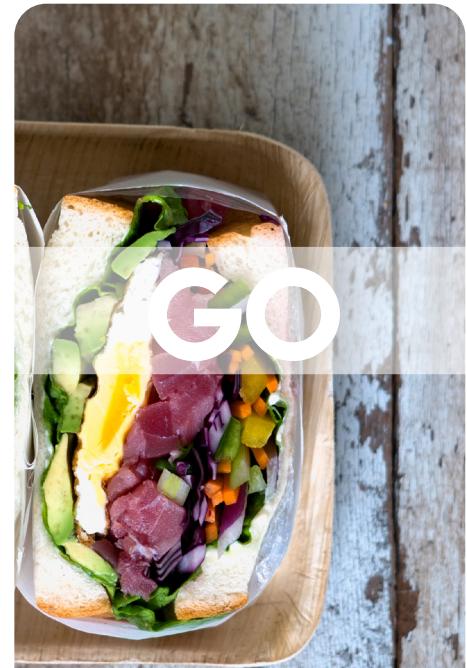


We are sensitive to our customer's dietary restrictions and offer a range of vegetarian, vegan, keto, gluten free and halal options



OUR FLEET OF REFRIGERATED TRUCKS PROVIDE
SAFE DISTRIBUTION FOR YOUR PRODUCTS

CONTACT US FOR MORE INFORMATION:
416-244-8436
CUSTOMERSERVICE@EATINGNEWCREATIONS.COM

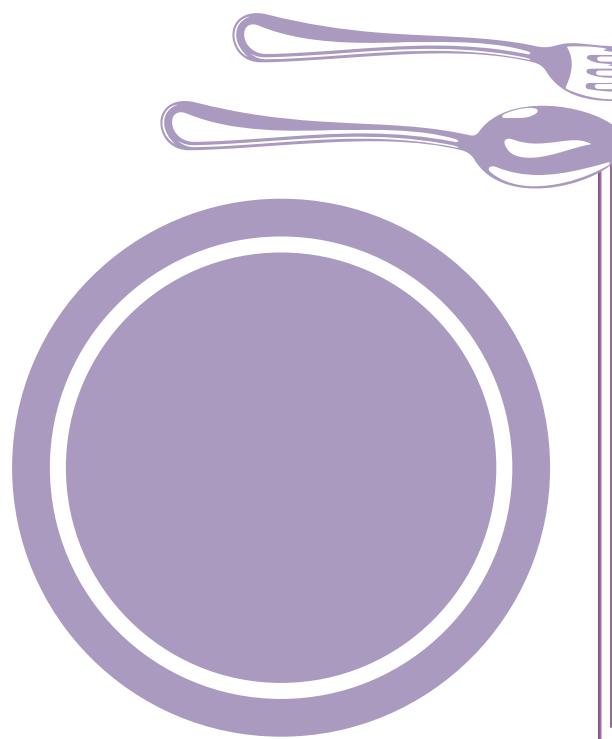




EATING NEW
CREATIONSTM

WHAT WE

.....
Bring



CO-PACKING
PRIVATE LABELLING
PRODUCT ASSEMBLY

MEAL KITS
DELI SALAD KITS
SANDWICHES & WRAPS
LEAF SALADS (ENTREE AND SIDE)
COMPOSED SALADS (BULK AND RETAIL)
BENTO BOXES
SNACK BOWLS & CUPS
FRUIT & YOGURT PARFAITS

*Products are produced in a facility where a variety of gluten and meat products are handled. Please be aware that cross-contamination may occur in the production process.



EATING NEW
CREATIONS™

SQF
.....
Certified



CERTIFICATE
OF REGISTRATION

AT EATING NEW CREATIONS, WE TAKE PRIDE IN OUR FOOD SAFETY. OUR QUALITY ASSURANCE TEAM HAS DEVELOPED COMPREHENSIVE PROGRAMS AND A COMPLETE SET OF GUIDELINES, PRACTICES, AND PROCEDURES THAT COVER ALL ASPECTS OF OUR BUSINESS. OUR PRODUCTS ARE PRODUCED IN A FOOD-SAFE MANUFACTURING FACILITY THAT IS S.Q.F CERTIFIED. OUR QUALITY ASSURANCE DEPARTMENT MONITORS PRODUCTION TO ENSURE THE HIGHEST GOOD MANUFACTURING PRACTICES (GMP'S) ARE MAINTAINED AT ALL TIMES.

Incoming material inspections are conducted at the point of receiving and again prior to processing. Multiple quality assurance testing is completed at various stages at scheduled intervals within our facility. Documented cleaning and sanitizing procedures are in place and are maintained and monitored daily by 3rd party companies and on-site QA personnel. By choosing us as your foodservice distributor, you can be absolutely confident knowing that a team of dedicated, highly-trained quality professionals ensure you receive safe, consistent, and quality products every time.

Our cold channel distribution ensures that your products remain at a safe temperature, from leaving our facility to entering yours.



SQF Institute is a division of the Food Marketing Institute. www.foodmarketinginstitute.org

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Sandwiches

.....

TRADITIONAL. GOURMET. PREMIUM

TRADITIONAL SANDWICHES



Types of Bread

CIABATTA: a type of flat, open-textured Italian bread with a floury crust, made with olive oil

MULTIGRAIN: a type of bread prepared with two or more types of grain, such as barley, flax, millet, oats, wheat, and whole-wheat flour, among

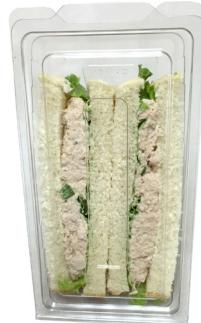
FOCCACCIA: a type of flat Italian bread made with yeast and olive oil and flavored with herbs

GLUTEN FREE: gluten-free bread excludes the

WHITE: white bread refers to breads made from wheat flour from which the bran and the germ layers have been removed from the whole wheatberry as part of the flour grinding or milling process,

WHOLE WHEAT: whole wheat bread or wholemeal bread is a type of bread made using flour that is partly or entirely milled from whole or almost-whole wheat grains

TUNA SALAD WHITE WEDGE SANDWICH



ITEM #: 5300

- classic tuna salad with tender green leaf lettuce on

**SHELF LIFE
3 DAYS**

TUNA SALAD WHOLE WHEAT WEDGE SANDWICH



ITEM #: 8080

- classic tuna salad with tender green leaf lettuce

**SHELF LIFE
5 DAYS**

TRADITIONAL SANDWICHES

TUNA SALAD MULTIGRAIN SANDWICH



ITEM #: 5301

- classic tuna salad with tender green leaf lettuce on sliced multigrain bread

SHELF LIFE
3 DAYS

EGG SALAD WHITE WEDGE SANDWICH



ITEM #: 5302

- classic egg salad with tender green leaf lettuce on sliced white bread

SHELF LIFE
5 DAYS

EGG SALAD MULTIGRAIN SANDWICH



ITEM #: 5339



- classic egg salad with tender green leaf lettuce on sliced multigrain bread

SHELF LIFE
3 DAYS

EGG SALAD WHOLE WHEAT WEDGE SANDWICH



ITEM #: 8079



- classic egg salad with tender green leaf lettuce on sliced whole wheat bread

SHELF LIFE
3 DAYS

TRADITIONAL SANDWICHES

HAM & SWISS WHITE WEDGE SANDWICH

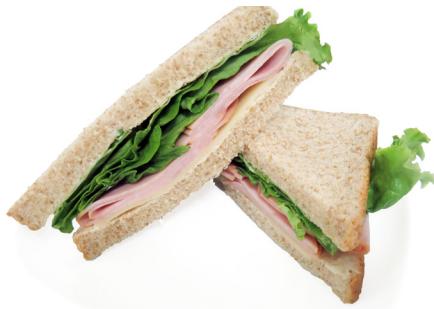


ITEM #: 5303

- black forest ham and tangy swiss cheese with tender

**SHELF LIFE
5 DAYS**

HAM & SWISS WHOLE WHEAT WEDGE SANDWICH



ITEM #: 5304

- black forest ham and tangy swiss cheese with tender green leaf lettuce on sliced whole wheat

**SHELF LIFE
3 DAYS**

HAM & SWISS MULTIGRAIN SANDWICH



ITEM #: 5305

- black forest ham and tangy swiss cheese with tender green leaf lettuce on sliced multigrain

**SHELF LIFE
3 DAYS**

TUNA SALAD GLUTEN FREE SANDWICH



ITEM #: 5306



- classic tuna salad with tender green leaf lettuce on sliced gluten free bread

**SHELF LIFE
3 DAYS**

TRADITIONAL SANDWICHES

TURKEY GLUTEN FREE SANDWICH



ITEM #: 5307



- tender turkey breast with green leaf lettuce on sliced gluten free bread

SHELF LIFE
3 DAYS

TURKEY & CHEDDAR MULTIGRAIN SANDWICH



ITEM #: 5310

- tender turkey breast and sharp cheddar cheese with green leaf lettuce on sliced multigrain

SHELF LIFE
5 DAYS

CHICK PEA SALAD GLUTEN FREE SANDWICH



ITEM #: 5308



- creamy chickpea salad with crisp tomato slices and tender green leaf lettuce on sliced gluten free

SHELF LIFE
3 DAYS

ROAST BEEF & CHEDDAR MULTIGRAIN SANDWICH



ITEM #: 5309

- tender roast beef and sharp cheddar cheese with green leaf lettuce on sliced

SHELF LIFE
3 DAYS

GOURMET SANDWICHES

TURKEY DIJON SOFT WHITE CIABATTA (3" X 6")



ITEM #: 5311

- tender turkey breast with crisp cucumber, tomato slices, romaine lettuce and grainy dijon mustard on a

SHELF LIFE
3 DAYS

TURKEY DIJON MULTIGRAIN CIABATTA (3" X 6")



ITEM #: 8070

- tender turkey breast with crisp cucumber, tomato slices, romaine lettuce and grainy dijon mustard on

SHELF LIFE
3 DAYS

TURKEY CLUB SOFT WHITE CIABATTA (3" X 6")



ITEM #: 5312

- tender turkey breast and crispy bacon with romaine lettuce and mayo on a soft white

SHELF LIFE
3 DAYS

CHICKEN SALAD SOFT WHITE CIABATTA (3" X 6")



ITEM #: 8067

- creamy chicken salad with crisp romaine lettuce on a soft white ciabatta bun

SHELF LIFE
3 DAYS

GOURLMET SANDWICHES

HAM & SWISS SOFT WHITE CIABATTA (3" X 6")



ITEM #: 8068

- black forest ham and tangy swiss cheese with crisp

**SHELF LIFE
3 DAYS**

ROAST BEEF SOFT WHITE CIABATTA (3" X 6")



ITEM #: 8069

- tender roast beef and sharp cheddar cheese with crisp romaine lettuce and spicy horseradish mayo on a soft white ciabatta bun

**SHELF LIFE
3 DAYS**

ROASTED VEGETABLE & HUMMUS MULTIGRAIN CIABATTA (3" X 6")



ITEM #: 8078



- a delicious blend of roasted vegetables with hummus on a multigrain ciabatta

**SHELF LIFE
3 DAYS**

CHICKEN TOSCA 6" FOCCACCIA SANDWICH



ITEM #: 5313

- tender grilled chicken breast with oven roasted red peppers and tangy pesto on

**SHELF LIFE
3 DAYS**



Wraps

.....

WRAPS

CHICKEN TANDOORI WHOLE WHEAT WRAP



ITEM #: 5315

- exotic flavours of chicken tandoori sauce covered chicken breast, fresh cilantro, sweet tomato chutney, light weight spring mix lettuces and cream cheese wrapped in a white flour tortilla

SHELF LIFE
3 DAYS

POTATO KATI WHOLE WHEAT WRAP



ITEM #: 5317



- vegan indian filling with creamy hummus, fresh vegetables and baby spinach wrapped in a white flour tortilla

SHELF LIFE
3 DAYS

CHICKPEA & COUSCOUS WHOLE WHEAT WRAP



ITEM #: 5316



- our chickpea and couscous salad with hummus and tender baby spinach wrapped in a white

SHELF LIFE
3 DAYS

TUNA SALAD WHOLE WHEAT WRAP



ITEM #: 5318

- tuna salad with light weight spring mix lettuces, crunchy carrots, fresh cilantro and cream cheese

SHELF LIFE
3 DAYS

WRAPS

CHICKEN CAESAR WHOLE WHEAT WRAP



THAI CHICKEN WHOLE WHEAT WRAP



ITEM #: 5319

- tender grilled chicken breast with sharp shredded parmesan cheese, crisp romaine lettuce and a creamy asiago caesar dressing

**SHELF LIFE
3 DAYS**

ITEM #: 5320

- tender chicken breast with a cabbage and pepper mix, cream cheese, fresh coriander, spring mix and a sweet chili sauce

**SHELF LIFE
3 DAYS**

EGG SALAD WHOLE WHEAT WRAP



ITEM #: 5321



- classic egg salad with light weight spring mix lettuces and cream cheese on a white flour tortilla

**SHELF LIFE
3 DAYS**

CURRY QUINOA TOFU WHITE WRAP



ITEM #: 5322



- curry quinoa salad with fresh tofu, creamy hummus and a sweet bermuda onion chutney wrapped in a white flour

**SHELF LIFE
3 DAYS**

WRAPS

SEVEN GRAIN EDAMAME WHOLE WHEAT WRAP



ITEM #: 5323



- seven grain rice with edamame and a mix of vegetables with an oriental sesame dressing, spring mix lettuces wrapped in a white

SHELF LIFE
3 DAYS

FALAFEL & TOMATO WHOLE WHEAT WRAP



ITEM #: 5324



- falafel with green zucchini, crisp tomato, feta cheese, tender baby spinach and tzatziki sauce wrapped in a white flour

SHELF LIFE
3 DAYS

VEGETABLE WHITE WRAP



ITEM #: 5340



- for the herbivore; cucumber, tomato slices, carrots, red peppers, red onion, baby spinach, tangy feta cheese and guacamole wrapped in a white flour tortilla

SHELF LIFE
3 DAYS

Benefits of Wraps

Wraps are portable, handle-held and offer a variety of healthy options. They are available with protein and loaded with vegetables to suit any craving. Wraps offer a light but very

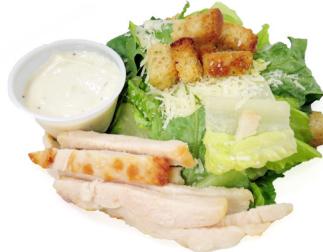


Green Leaf

ENTREE. SIDE. BOWL.

ENTREE SALADS

CHICKEN CAESAR ENTRÉE SALAD



MANDARIN CHICKEN ENTRÉE SALAD



ITEM #: 5328

- crisp romaine lettuce, parmesan cheese, croutons and chicken strips served with a creamy asiago

**SHELF LIFE
3 DAYS**

ITEM #: 5329

- a mix of romaine and iceberg lettuces, red bell peppers, almond slivers, mandarin oranges and chicken strips served with asian sesame dressing



**SHELF LIFE
3 DAYS**

SOUTHWEST COBB ENTRÉE SALAD



CHICKEN BLT ENTRÉE SALAD



ITEM #: 5331



- mix of romaine and iceberg lettuces, corn, red onion, spicy jalapeño, cherry tomatoes, half a hardboiled egg and ham served with ranch dressing

**SHELF LIFE
3 DAYS**

ITEM #: 5332



- a mix of romaine and iceberg lettuces, sharp cheddar, bacon, cherry tomatoes and chicken strips served with ranch dressing

**SHELF LIFE
3 DAYS**

ENTREE SALADS

JULIENNE ENTRÉE SALAD

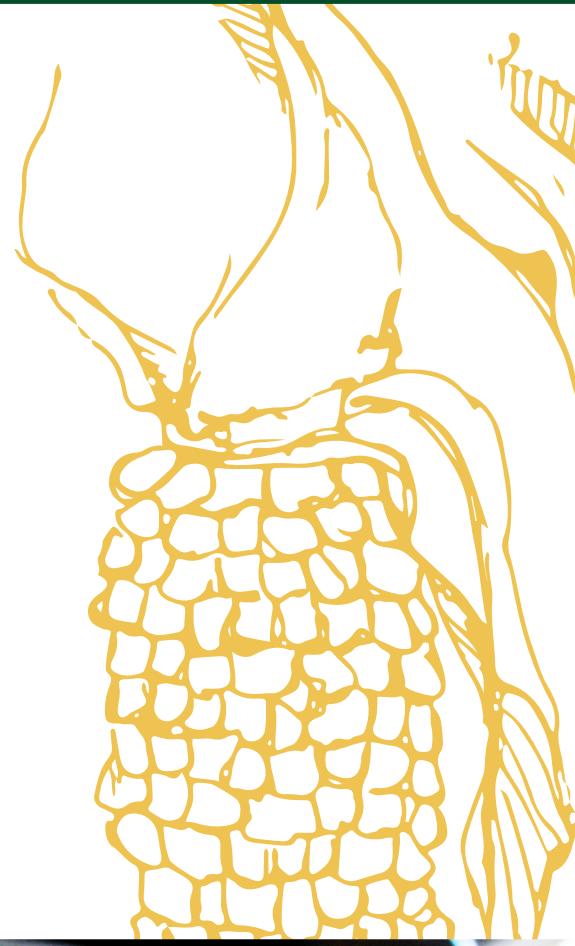


ITEM #: 5330



- mix of romaine and iceberg lettuces, sharp cheddar cheese, cucumber, cherry tomatoes, half a hardboiled egg, ham and turkey served with ranch dressing

SHELF LIFE
3 DAYS



SIDE SALADS

CAESAR SIDE SALAD



ITEM #: 8065



- crisp romaine lettuce, parmesan cheese and croutons served with a creamy asiago caesar

SHELF LIFE
8 DAYS

GARDEN TOSSED SIDE SALAD



ITEM #: 8066



- mix of romaine and iceberg lettuces, crunchy carrots, cucumbers and cherry tomatoes served with a balsamic vinaigrette dressing

SHELF LIFE
8 DAYS

APPLE WALNUT & CHEDDAR SIDE SALAD



ITEM #: 5326



- spring mix lettuces, spicy red onion, sharp cheddar cheese, walnuts and tart green apple wedges served with a

SHELF LIFE
8 DAYS

PECAN & FETA SIDE SALAD



ITEM #: 5327



- spring mix lettuces, spicy red onion, sweet pecans and salty feta served with a balsamic vinaigrette

SHELF LIFE
8 DAYS

SALAD BOWLS

CAESAR SALAD BOWL



ITEM #: 1545



- crisp romaine lettuce and crunchy croutons served with creamy caesar salad dressing

SHELF LIFE
8 DAYS

GARDEN SALAD BOWL



ITEM #: 1546



- crisp iceberg lettuce, shredded red cabbage and crunchy shredded carrot served with a balsamic vinaigrette dressing

SHELF LIFE
8 DAYS

GREEK SALAD BOWL



ITEM #: 1643



- crisp iceberg lettuce, shredded red cabbage, carrots, spicy red onion, grape tomatoes and tangy olives served with a greek feta vinaigrette

SHELF LIFE
8 DAYS

CRANBERRY SPRING MIX SALAD



ITEM #: 1644



- tender spring mix lettuces, spicy red onion and sweet dried cranberries served with a balsamic vinaigrette dressing

SHELF LIFE
8 DAYS

SALAD BOWLS

SPINACH SALAD BOWL



ITEM #: 5581



- tender baby spinach leaves, spicy red onion and grape tomatoes served with a balsamic vinaigrette dressing

SHELF LIFE
8 DAYS

CHEF SALAD BOWL



ITEM #: 5582



- chopped red leaf lettuce, crisp english cucumber, red cabbage and grape tomatoes served with a balsamic vinaigrette dressing

SHELF LIFE
8 DAYS





Shakers

SALADS

SHAKER SALADS

SUPERFOOD MIX SHAKER SALAD CUP



ITEM #: 5362



- couscous, chickpeas, diced cucumber, tomato, spicy red onion, salty feta and baby kale with a greek feta oregano vinaigrette dressing

SHELF LIFE
3 DAYS

VEGGIE QUINOA MIX SHAKER SALAD CUP



ITEM #: 5365



- a medley of quinoa, corn, black beans, mukimame, red peppers, red cabbage, green onions and baby kale with a classic herb vinaigrette dressing

SHELF LIFE
3 DAYS





Buddha

BOWLS

BUDDHA BOWLS



TEX MEX CHICKEN



ITEM #: 1646

- seven grain rice blend, arugula, corn, black bean, roma tomatoes, red bell peppers, green bell peppers and chicken tossed with southwest chipotle ranch dressing

**SHELF LIFE
5 DAYS**

SPICY THAI PEANUT



ITEM #: 1647



- seven grain rice blend, broccoli, nappa cabbage, sugar snap peas, red bell peppers, carrot, edamame, corn with thai peanut dressing

**SHELF LIFE
5 DAYS**



Composed

BULK. INDIVIDUALLY PORTIONS.

BULK PORTIONS

MEDITERRANEAN GRAIN STYLE COMPOSED SALAD



ITEM #: 5501



- brown rice, protein rich chickpeas, freshly diced cucumbers and sweet bell peppers tossed with

SHELF LIFE
5 DAYS

CANADIAN BEAN & BELL PEPPER COMPOSED SALAD



ITEM #: 5503



- a medley of beans, fresh sweet bell peppers, red onions and corn tossed in a grainy dijon mustard

SHELF LIFE
5 DAYS

WHOLE GRAIN GREEK PASTA



ITEM #: 5504



- whole wheat rotini pasta with fresh cucumber, red bell peppers, grape tomatoes, parsley, spicy oregano and crumbled feta with a sweet red wine vinegar dressing

SHELF LIFE
5 DAYS

SUNFLOWER PESTO AND POTATO COMPOSED SALAD



ITEM #: 5507



- red skin potatoes, sweet red bell peppers, garlic

SHELF LIFE
5 DAYS

INDIVIDUAL PORTIONS

CURRY APPLE QUINOA COMPOSED SALAD



ITEM #: 8058



- quinoa, fresh diced apples, sweet raisins and almonds tossed with tangy lemon juice, rich indian curry and a touch of cinnamon

SHELF LIFE
5 DAYS

MEDITERRANEAN GRAIN STYLE COMPOSED SALAD



ITEM #: 8059



- brown rice, protein rich chickpeas, freshly diced cucumbers and sweet bell peppers tossed with spicy oregano and tangy dill

SHELF LIFE
5 DAYS

CANADIAN BEAN & BELL PEPPER COMPOSED SALAD



ITEM #: 8061



- a medley of beans, fresh sweet bell peppers, red onions and corn tossed in a grainy dijon mustard

SHELF LIFE
5 DAYS

GREEK WHOLE GRAIN PASTA COMPOSED SALAD



ITEM #: 8062



- whole wheat rotini pasta with fresh cucumber, red bell peppers, grape tomatoes, parsley, spicy oregano and crumbled feta with a

SHELF LIFE
5 DAYS

INDIVIDUAL PORTIONS

PASTA FUSION COMPOSED SALAD



ITEM #: 8064



- tender gemelli pasta with mixed vegetables, edamame and cilantro, tossed in tangy lime juice with

SHELF LIFE
5 DAYS

SUNFLOWER PESTO AND POTATO COMPOSED SALAD



ITEM #: 5325



- red skin potatoes, sweet red bell peppers, garlic and sunflower seeds tossed in a basil pesto

SHELF LIFE
5 DAYS





Bento Boxes

• • • • •

BENTO BOXES

FRUIT & CHEESE BENTO BOX



ITEM #: 5336



- crackers with swiss and cheddar cheese, grapes and apples

SHELF LIFE
3 DAYS

BREAKFAST BAGEL BENTO BOX



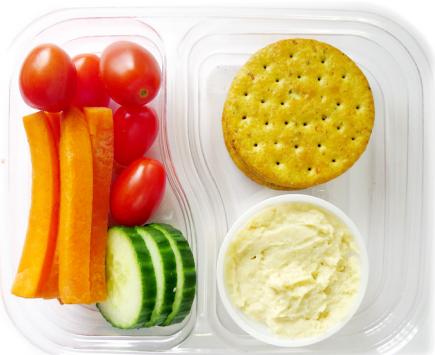
ITEM #: 5334



- morning starter kit; bagel with cream cheese, fresh mixed fruit and yogurt

SHELF LIFE
3 DAYS

VEGGIE & HUMMUS BENTO BOX



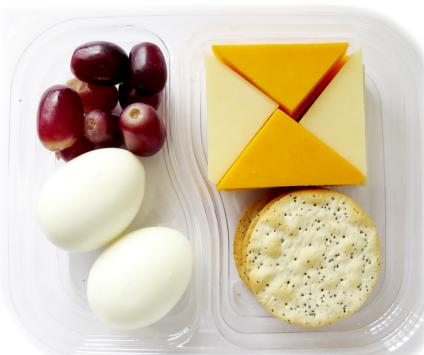
ITEM #: 5353



- crackers with smooth hummus, carrot sticks, cucumber coins and grape tomatoes

SHELF LIFE
3 DAYS

PROTEIN BENTO BOX



ITEM #: 5355

- crackers with swiss and cheddar cheese, two

SHELF LIFE
3 DAYS



Snack Cups

SNACK CUPS

RED APPLE & CARAMEL SNACK CUP



ITEM #: 5013



- sweet Royal Gala apple wedges paired with sweet caramel dipping sauce

SHELF LIFE
12 DAYS

GREEN APPLE & CARAMEL SNACK CUP



ITEM #: 5014



- tart Granny Smith apple wedges paired with sweet caramel dipping sauce

SHELF LIFE
12 DAYS

MIXED APPLE WEDGE SNACK BOWL



ITEM #: 5016



- sweet Royal Gala and tart Granny Smith apple wedges

SHELF LIFE
12 DAYS

Apples



Apples are high in fiber, vitamin C, and contain various antioxidants. They are small yet very filling, considering their low calorie count. Eating apples can have multiple benefits for your health so an apple a day

SNACK CUPS

MINI CARROTS & RANCH SNACK CUP



ITEM #: 1813



- baby carrots paired with buttermilk ranch dip

SHELF LIFE
6 DAYS

VEGGIE MEDLEY & RANCH SNACK CUP



ITEM #: 1814



- carrot sticks, broccoli and cauliflower florettes paired with buttermilk ranch dip

SHELF LIFE
6 DAYS

CARROT CELERY & RANCH SNACK CUP



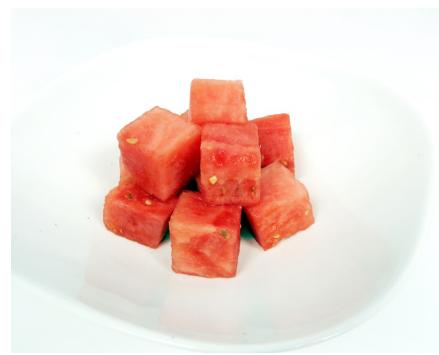
ITEM #: 1815



- carrot sticks and celery sticks paired with buttermilk ranch dip

SHELF LIFE
6 DAYS

WATERMELON SNACK CUP



ITEM #: 1825



- sweet and refreshing watermelon chunks

SHELF LIFE
6 DAYS

SNACK CUPS

MIXED VEGETABLE SNACK CUP



ITEM #: 5333



- fresh broccoli, crunchy carrots, celery and cherry tomatoes with creamy ranch dressing

SHELF LIFE
8 DAYS

BERRY SNACK CUP



ITEM #: 5583



- a medley of sweet berries; strawberries, blueberries and blackberries

SHELF LIFE
6 DAYS





Parfaits

.....

PARFAITS

PINEAPPLE PINA COLADA PARFAIT CUP



ITEM #: 15957



- tart pineapple paired with crisp honey almond

SHELF LIFE
6 DAYS

APPLE CINNAMON CRUMBLE PARFAIT CUP



ITEM #: 15955



- sweet Royal Gala apples paired with crisp apple cinnamon granola and vanilla yogurt

SHELF LIFE
6 DAYS

BERRY BERRY PARFAIT CUP



ITEM #: 15956



- sweet strawberries and blueberries paired with crisp honey almond granola and vanilla yogurt

SHELF LIFE
6 DAYS

MANGO BERRY PARFAIT CUP



ITEM #: 5377

ITEM #: 5376

- sweet mangos paired with crisp honey almond granola, toasted



SHELF LIFE
6 DAYS



Platters

PLATTERS

FRUIT PLATTER WITH DIP

ITEM #: 1543



- fresh cantaloupe, honeydew, pineapple & watermelon

SHELF LIFE
6 DAYS



VEGETABLE PLATTER WITH DIP

ITEM #: 1544



- fresh broccoli, carrots, celery & cauliflower with a tasty vegetable dip.

SHELF LIFE
6 DAYS



CONTACT US FOR MORE INFORMATION:
416-244-8436
CUSTOMERSERVICE@EATINGNEWCREATIONS.COM

