



MARKET UPDATE

December 10th, 2018



What's in our backyard?

- ONIONS • CARROTS • MUSHROOMS • HOTHOUSE TOMATOES • HOTHOUSE PEPPERS
- POTATOES • CABBAGE • ENGLISH CUCUMBERS • APPLES • HOTHOUSE LETTUCE
- HARD SQUASH

LOCAL PRODUCT ALERTS:



Onion - Good quality and excellent supplies with red and yellow onions.

Carrot - Ontario carrot growers have finished the harvest. Supplies lighter than expected keeping the market strong. Heirloom carrots continue with smaller than normal sizing due to slow growing cycles.

Mushrooms - Short supply as growers battling production issues.

Hothouse Tomato - Ontario red vine and tray hothouse tomatoes continue. Pricing has increased as supplies are getting light.

Hothouse Peppers - Red, yellow and orange hothouse bell peppers are finished for the season.

Potatoes - Large #1 Chefs continue to be in good supply as harvest is done. Good quality Yukon Golds are very tight. There is a severe issue with hollow heart in Yukon Golds. We will switch to other varieties as soon as we can to avoid this issue.

Cabbage - Green, savoy and red cabbage continue, but price is high.

Cucumbers - Demand exceeds supplies.

Apples - Ontario apple season continues with Red Delicious, McIntosh, Royal Gala and Empires. Prices are elevated due to short supplies in Washington and good export demand.

Hothouse Lettuce - Hydroponic Boston & Salanova supplies are good with very good quality.

Hard Squash - Spaghetti, pepper, buttercup and butternut continue.

What's Fresh?



ASPARAGUS

CODE: # 7025

PACK SIZE: 5KG

Items to Avoid:

VALES SOVEREIGN POTATO / RED BELGIUM ENDIVE / PRICKLY PEARS / SEVILLE ORANGES / BLOOD ORANGE / FIDDLEHEADS / RAMPS / ONTARIO RHUBARB / APRICOTS / RED CURRANTS / ONTARIO YELLOW PLUMS / GALIA MELONS / ONTARIO PEACHES / ONTARIO NECTARINES / ASIAN PEARS / ONTARIO GRAPES / ONTARIO PLUMS / QUEBEC ROMAINE / ENGLISH PEAS / CALIFORNIA POMEGRANITE / FAVA BEANS / GREEN OLIVES / QUINCE / RED PLUMS

Now Available

BLACK PLUMS / CASTLEFRANCO / FORLELLE PEARS / PERSIMMONS / FLORIDA JUICE ORANGE / FLAT BEANS / CHERRIES / CLEMENTINES / CARA CARA / D'ANJOU PEARS

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Vegetables

• ASPARAGUS

Supply and quality are both good as we head into the Christmas holiday period.

• BEANS

Green bean is back to normal. Wax (yellow) beans are now available as supplies increase. Snipped orders are available.

• BROCCOLI

Demand exceeds supplies. Crowns are tight and may need to sub into bunched. Quality is fair.

• BRUSSELS SPROUTS

Supplies are steady but there are quality issues due to rains and insects.

• CAULIFLOWER

Cauliflower market continues to be tight. Overall quality is good.

• CELERY

Expect light supplies for the entire week with this commodity. Quality continues to be good with the exception of seeder and insect damage.

• CUCUMBERS

EAST - Supply is light. Quality is fair.
WEST - The market has been lower, but the lighter supply is allowing growers to set firm pricing for the open market.

• EGGPLANT

EAST - Supply is steady with the quality being reported as very good.
WEST - Volume is increasing steadily. Supply exceeds demand on smaller sizes.

• GREEN ONIONS

Market is improving as supplies are increasing.

• LETTUCES

ICEBERG - Iceberg lettuce was heavily affected by the cold weather and availability continues to be limited. Suppliers cannot catch up to fill all orders.

ROMAINE / LEAF - Cold weather continues to inhibit growth on leaf lettuces. Markets have reacted and supplies remain limited. Demand on green and red leaf has seen demand exceed supplies in the marketplace.
SPRING MIX, SPINACH & BABY KALE - The tender leaf market is strong with spring mix, baby kale and baby spinach. Quality issues are fair. Market to remain tight.

• ROCKET ARUGULA / WATERCRESS

Baby arugula supplies are very tight. Demand exceeds supplies. Orders are being pro-rated up to 65% of normal. Bunched and red watercress is available.

• ONIONS

Quality and supply is excellent on red, yellow and white onions.

• PEPPERS

EAST - Pepper supplies are still light. Demand has slowed and prices have declined slightly. **WEST** - Demand remains high. Quality is reported as good.

• POTATOES

CANADIAN - Growers are reporting good quality on whites. Harvest on russets are completed. Good quality Yukon Golds will be an issue due to 'Hollow Heart'. Will switch to Yukon Gems. **USA** - Quality is nice on all sizes with a steady market.

• ZUCCHINI

EAST - Expect good quality and supplies to be steady.
WEST - Good production and quality.

Fruits

• APPLES

Extremely limited supplies of Granny Smith and Golden Delicious apples. Other red varieties are in good supply with good quality.

• AVOCADOS

Coming out of the harvest stoppage, the pipeline was replenished very quickly with record harvest. There is an expectation for things to stabilize.

• BERRIES

• BLUEBERRIES

Supplies are steady and quality is good. Expect more availability and cheaper prices.

• RASPBERRIES

Supplies are becoming lighter on raspberries. Quality has been reported as good, but we have seen some soft berries.

• BLACKBERRIES

Steady in supplies with good availability. Quality is good.

• STRAWBERRIES

Due to the recent rains, supplies are extremely limited. Market prices are up and quality will be a challenge

• CITRUS - LEMONS

Lemon supplies are steady on all sizes. Quality is good.

• GRAPEFRUIT

Harvest is underway. Fruit are on the small sizes currently but we should see bigger sizes next month.

• GRAPES

GREEN - Supplies limited as season is winding down. **RED** - Plenty of availability but concerns with quality as it is the end of the season.

• GOLD PINEAPPLES

Quality is reported as good, with a solid 14+ brix reported at the farms.

• LIMES

Market is steady with the overall quality as fair with good supply.

• MANGOES

The fruit is peaking heavily on 12 count with limited supply of larger sizes like 7s and 8s.

• MELON

CANTALOUPE & HONEYDEWS - Availability and sizes remain limited as California and Arizona production decreases. Offshore supplies are light.

• ORANGES

Good supply, plenty of volume and great quality. Cara Caras continue with light supplies. Blood oranges are expected to start late next week.

• PEARS

Bartletts, Comice, D'Anjou, Bosc, Forelle, and Red Crimson pears are in good supplies. Good quality and sugar levels on most varieties.

• STONE FRUIT

Red Plums are done. Black plums will end in about 2 weeks. Cherries have started.

• TOMATOES

There is a national shortage of tomatoes of which roma tomatoes are extremely short. As growing regions in Florida transition, and Mexico farms struggle against crop loss from weather related setbacks, markets continue to strengthen each week as demand continues to drive the market upward. Demand exceeds supplies. Contracts remain triggered.

• WATERMELON

Supplies of seedless watermelons are a little tight. Volume is down and pricing is expected to increase.

Wild Foraged Products

- PINE MUSHROOMS- From BC/ Oregon
- HEDGEHOGS- From Sweden
- YELLOWFOOT- From Sweden
- BLACK TRUMPET- From Croatia
- CHANTERELLE- From Oregon
- BUTTON CHANTERELLE- From Oregon
- BURGUNDY TRUFFLES- From Italy
- WHITE TRUFFLES- From Italy
- WINTER TRUFFLES- From Italy. Now starting.