

# **LUNCH MENU WEEK ONE**

### **Monday**

Baked Chicken Burger on w/w Bun Home Fries w/Ketchup Mustard, Pickles Veggies & Fruit Arrowroot

### Tuesday

Beef Stroganoff
Mashed Potato
Steamed Peas and Carrots
Fresh Fruit & Oatmeal Cookie

# Wednesday

Chicken Taco w/Tortilla Chips Shredded Lettuce, Salsa, Sour Cream Veggies and Fruit Brownie

### Thursday

Beef Bolognese w/Penne Pasta Tomato Sauce w/Penne Caesar Salad Fresh Fruit & Graham Cracker

#### Friday

Beef Hot Dog Potato Chips Veggies and Fruit Chocolate Chip Cookie

Whole Wheat Bread, Margarine, Jam, WOW Butter and Green Salad w/Dressing provided daily



## **LUNCH MENU WEEK TWO**

## Monday

Mini Beef Burger w/Home Fries Ketchup, Mustard, Pickles Veggies & Fruit Arrowroot

## **Tuesday**

Chicken Teriyaki w/Rice
Peas and Corn
Green Salad w/Balsamic Dressing
Fresh Fruit
Fortune Cookie

## Wednesday

Beef Taco w/Tortilla Chips Shredded Lettuce, Salsa, Sour Cream Veggies and Fruit Oatmeal Cookie

#### **Thursday**

Baked Chicken Fingers w/Home Fries Ketchup | Plum Sauce Caesar Salad Fresh Fruit & Graham Crackers

#### **Meatless Friday**

Veggie Chili w/Rice Green Salad w/Italian Dressing Fresh Fruit Chocolate Chip Cookie

Whole Wheat Bread, Margarine, Jam, WOW Butter and Green Salad w/Dressing provided daily